



**JESUS HOUSE
HUNTSVILLE**

16th
ANNIVERSARY
★ ★ ★ ★ ★



Hosts *Pastor*
Peter & Kehinde
Oyediran

Guest *Pastor*
Josiah & Florence
Balogun

EMMANUEL

NOVEMBER. 14-17TH, 2024

WWW.RCCGJHH.ORG

TABLE OF CONTENTS

PASTORAL DESK	01
EDITOR'S DESK	02
ABOUT US	03
MEET OUR LEADERSHIP/TEAM	04
MEET THE GUEST MINISTER	14
MEET EMMANUEL	15
ENLIGHTENING ARTICLES	17
TESTIMONIES	43
SERMON EXCERPTS	44
GOD'S HERITAGE SECTION	49
FUNNY CHRISTIAN TOONS	55
ADVERTS AND FELICITATIONS	61
PICTURE GALLERY	69





PASTORAL DESK

Glory be to God!

It is my great pleasure to congratulate the entire membership of RCCG Jesus House huntsville Alabama for the 16th Anniversary of the church. With great delight, I would like to thank all the Ministers, Workers, and Members of the church who have been consistent with the propagation of the Gospel over the years. The LORD will reward your labor of love in Jesus name. Amen.

The theme of this year's anniversary is Emmanuel. Matthew 1: 23. It is obvious to note that Emmanuel has been with us over the years as our constant companion. We have experienced God's divine faithfulness on all sides. He increased our greatness and comforted us on all sides. Hallelujah. God has done so much for us this year, allowing us to successfully replace air conditioning units inside the sanctuary and the Gymnasium with new ones.

This significant project was completed at a considerable cost, and we are blessed to have it fully paid for. God has also blessed us with

- Divers form of testimonies of victory on immigration matters
- Abundant Spiritual upliftment throughout the year
- Divine settlements
- Graduations

Emmanuel has always been there.

I am also using this medium to welcome God's Generals, Pastors Jose and Florence Balogun to the Rocket city, the city of Huntsville, Alabama.

Finally, my special thanks to those who put together this Anniversary magazine together, the joy of the LORD is your strength. Emmanuel will always be with you in Jesus name. Amen.

Happy 16th Anniversary to RCCG Jesus House Huntsville, Alabama.



EDITOR'S DESK



Celebrating 16 Years of God's Unwavering Presence

We are thrilled to celebrate the 16th anniversary of Jesus House Huntsville, Alabama! This milestone is a testament to God's faithfulness and presence in our lives, and we are honored to commemorate it with the theme "Emmanuel" - God with us. Our theme, "Emmanuel," reminds us that God's presence has been our constant companion, guiding and empowering us through trials and triumphs.

As we reflect on the past 16 years, we are reminded of God's unwavering presence, guidance, and love. We pray that this anniversary edition of our magazine will inspire and encourage you to deepen your relationship with Emmanuel.

This anniversary edition features:

- Emmanuel: Our Constant Companion - A message from our Senior Pastor
- Enlightening Articles
- Testimonies of Transformation
- God's Heritage Section
- Christian Toons to make you laugh
- Photo Gallery - Snapshots from the past events

Key Acknowledgements:

To God Almighty: Words are not enough to express my profound gratitude to YOU for your faithfulness and love.

To my family and friends: I can not thank you enough for your immense love and support all through the years

To the Pastorate: Your stewardship and faithfulness are worthy of emulation

To the Contributors: Your words have beautifully articulated the essence of "Emmanuel." Each article and story has reminded us of God's presence in our lives, and your dedication to capturing these messages has been inspiring.

To the Reviewers: Your meticulous attention to detail and unwavering commitment to excellence have ensured that our content reflects the heart of our theme. Thank you for your hard work in refining our messages and making sure they resonate with our readers.

To the Designers: Your creativity has transformed our pages into a visual celebration of "Emmanuel." Thank you for creating layouts that not only inform but also uplift, capturing the warmth of our community.

To the Advertisers: Every testimony, piece of feedback, and helping hand has made a difference. Your involvement has brought our magazine to life and deepened our connections within the church.

To Our Readers: Thank you for embracing this year's theme and engaging with our content. Your support fuels our passion and drives us to continue sharing stories that inspire and unite.

Together, we have created something meaningful that reflects our faith and community. I am grateful for each of you and excited about what lies ahead as we continue to explore the depths of "Emmanuel."

Thank you for joining us on this journey. May the Almighty God's presence continue to be our guiding force. May we know HIM deeply and personally.

With gratitude and hope,

Sis. Chinenye Chidebelu

Chief Editor, Jesus House Huntsville, Alabama

DESIGN AND EDITING TEAM



ANDREW SUNDAY



EMMANUEL ONI



EMMANUEL EZEKIEL



OLUWASEUN OMOTAYO



OORE ODESOLA



IRE ODESOLA



ENGR. DAVID TETTEY



DR. SEYI BABALOLA



TOLUWANI ESAN



MITCHEL ONYEBUCHI

WHO ARE WE?

**WE ARE RCCG JESUS HOUSE HUNTSVILLE
FOR ALL NATIONS A CHURCH FOR ALL
RACES, TRIBES, AND NATIONALITIES.**

MISSION

**OUR MISSION IS TO EQUIP THE SAINTS FOR
HEAVEN, GIVING HOPE TO THE HOPELESS,
AND WHERE DREAMS COME TRUE.**

WEEKLY SERVICES



Sunday Service

Sunday - Worship Service (10:00 am)



Digging Deep

Wednesday - Bible Study (6:00 pm - 7:00pm)



Mount Zion Hour

Friday - Morning Prayers (5:00am - 6:00am)



Night Vigil Service

First and Last Friday of the Month 9:00pm

MEET OUR LEADERSHIP



**PASTOR & PASTOR
MRS. E.A. ADEBOYE**

GENERAL OVERSEER OF REDEEMED
CHRISTIAN CHURCH OF GOD



**PASTOR & PASTOR
MRS. JAMES FEDEL**

ASSISTANT GENERAL OVERSEER THE
AMERICAS & CONTINENTAL OVESEER
THE REDEEMED CHRISTIAN CHURCH OF
GOD NORTH AMERICA



**PASTOR JOHNSON
ADEFILA**

REGIONAL PASTOR



**PASTOR ENEFAA
FENNY**

PROVINCIAL PASTOR, RCCG JESUS
HOUSE BIRMINGHAM



**PASTOR & PASTOR MRS.
PETER OYEDINRAN**

RESIDENT PASTOR, RCCG JESUS HOUSE
HUNTSVILLE

*The elders who direct
the affairs of the church
well are worthy of
double honor, especially
those whose work is
preaching and teaching.*

-1 Timothy 5:17

MEET OUR TEAMS

CHURCH ADMINISTRATION



HODS



Heads of various departments for the year 2023/2024

CHOIR DEPARTMENT



Our choir is a dedicated team of worshipers, combining voices and hearts to lead the congregation in praise. Through song and harmony, they create an atmosphere that draws us closer to God, inspiring and uplifting every soul in worship.

MEET OUR TEAMS

MEN OF VISION



We are dedicated men, brothers on a mission to deepen our faith, support one another, and make a positive impact. We come together for meaningful discussions, service projects, and fellowship, strengthening our faith and forging lifelong bonds. Join us on this journey of spiritual growth and camaraderie as we strive to be the men God calls us to be.

WOMEN OF VALOR



The Women of Valor is a thriving community of strong and dedicated women. We gather to strengthen our faith, share life's experiences, and serve our community with love. From meaningful discussions to fabulous events, we're all about nurturing our faith while having a blast.

RADIANT YOUNG ADULTS (YAYA)



We are focused on navigating life with faith as our guide. In our journey, we will demonstrate how faith is cool and real, with vibrant events, inspiring discussions, and unforgettable memories. The ultimate goal is a transformed life.

MEET OUR TEAMS

GOD'S HERITAGE CHILDREN DEPARTMENT



God's heritage is a joyful playground for kids to grow in love, laughter, and faith. With interactive stories, games, and activities, we make learning about God an adventure they'll cherish.

ROOTED TEENS



This is where faith meets fun. Our spot is the ultimate hangout for all the cool and curious teens out there. We're all about faith, friendship, and a whole lot of fun – from epic game nights to inspiring discussions.

ELDER'S DEPARTMENT



Where faith meets fellowship and wisdom. This is a gathering spot for our cherished elders, a place to connect, share stories, and celebrate faith together.

MEET OUR TEAMS

ACCOUNTING TEAM



Committed to financial stewardship, our church accounting team diligently manages all funds, supporting the financial health and success of our church

TRIBE OF PRAISE



1, 2, 3, Sing!!! We are a dynamic group of young voices united in praise and worship. We come together to create beautiful melodies that resonate with our faith and bring joy to our church family.

DRAMA TEAM



Bringing stories of faith to life, our church drama team uses the power of performance to inspire, teach, and move hearts

MEET OUR TEAMS

WELFARE DEPARTMENT



Sharing Love, One Visit at a Time! Our Welfare Department is on a mission to turn missed Sundays into brighter weekdays and new beginnings into warm welcomes. We're the friendly faces that reach out with love and support to those who need it most.

SUNDAY SCHOOL TEAM



This is where learning knows no bounds. From kids to adults, we come together to explore, discuss, and grow in our faith journey. Our teachers create a welcoming environment where every age group can share in the wisdom of God's Word.

EVANGELISM TEAM



A dedicated community working to spread the gospel of Christ to all corners of our community and beyond. Through outreach, events, and sharing the love of Jesus, we aim to bring people closer to God and strengthen their faith.

MEET OUR TEAMS

PRAYER DEPARTMENT



We stand as intercessors lifting our intentions and requests to the heavens. We gather frequently to lift our voices, share our burdens, and seek God's guidance through the power of prayer.

MEDIA TEAM



From lights and sound to visuals, photography, and social media, we are the creative force behind every service. Capturing moments, amplifying messages, and creating immersive experiences, our media team helps craft a unique worship experience that resonates with every heart. We ensure each service and event comes to life with excellence and purpose, leaving a lasting impact on everyone present.

KITCHEN TEAM



Beyond eating Rhema, we ensure there's food for our events. By blending flavors and fellowship, we are serving up delicious dishes and warm smiles. Thanks to this team, every gathering is a feast for the soul and stomach.

MEET OUR TEAMS

USHERING TEAM



We are the friendly faces at the door, ensuring every member and visitor feels welcome and comfortable. We're here to assist, provide guidance, and create a peaceful atmosphere for worship.

JHH DANCE TEAMS



We are the rhythm of our worship, where faith and movement come together in harmony. We express our love for God through the art of dance, sharing joy, hope, and praise with the congregation.

FINE GIRLS FOR JESUS



FINE BOYS FOR JESUS



MEET OUR TEAMS

PROTOCOL UNIT



Our Protocol Department is all about extending loving hospitality to our guest ministers. From airport pickups to making sure they're comfortable, we're dedicated to making them feel right at home.

TRANSPORTATION TEAM



We ensure timely transportation to and from the church. As a team, we work behind the scenes to make sure everyone is transported safely and efficiently.

WELCOME TEAM



We keep in touch with every member of the church. We do follow-up and routine checkup calls for both new and old members, as well as visit the sick and new mothers.

MEET OUR TEAMS

FOOD PANTRY



Spreading kindness, one box at a time! Here, we show compassion within and beyond our church. We're on a mission to fight hunger and spread hope in our community. Join us to be a part of the pantry that's changing lives, one box at a time.

SANITATION TEAM



Making cleanliness a joyful ministry! Our Sanitation Department is the unsung hero behind the scenes, keeping our sacred space sparkling and safe. We may not dance, but we sure do sparkle and shine.

DECORATION TEAM



We are passionate about adding beauty to our church. We're the dream team behind the church's visual magic, ensuring every event and service is a feast for the eyes. We make every event, season, and service look fantastic.

Meet The Guest Minister



I, Josiah Balogun, born on November 6th, 1970, am the first child born into a family of Nine. I am married to Florence O. Balogun and we are blessed with two sons, Iyanuoluwa and Ibukunoluwa.

I hold a bachelor's degree in Electrical Engineering and a Master's degree in Environmental Science and Chemistry. I presently work as an Environmental Engineer with the State of Indiana. I am the Pastor of RCCG Rod of God Parish, Indianapolis. When I am not working, I love playing basketball and table tennis with my boys. We also enjoy riding bikes together. I appreciate quality time with my wife. We spend time together watching movies or taking walks.

I was born again in 1997 at Christ Teaching Center (CTC) in Lagos.

I can remember the man who talked with us that day said things would never remain the same again. I will tell you, things have never remained the same again since 1997. Had an encounter with the Lord in the Year 2002. It has been from one level of glory to another.

The Lord gave me a revelation on November 6th, 1998 but like Jonah, I fled from the face of the Lord. In 2009, the Lord came again and said that we need to start the Church. Consequently, I started Pastoring in the Year 2009, and it was not easy. One thing I know however is that with God all things are possible (Matt 19:26).

Emmanuel by interpretation is God with us meaning God's presence. His presence means a lot more than anything you can have in this world. The moment one has the presence of God, they have everything. To me, Emmanuel is God's Presence in my life.

For those looking to encounter God as Emmanuel, I'd advise them to:

- Be Humble like Moses (Num 12:3)
- Be a good worker like Joshua (Joshua 24:14-15)
- Be Persistent like Elisha (2 Kings 2:2-12)
- Be bold like Peter (Matt 14:25-19)
- Seek to know Him like Paul (Phil 3:10)
- Be obedient like Abraham (Gen 12:1-3)
- Be Prayerful like Daniel (Daniel 6:11)

With all these in place, you will see the hand of God upon your life.

To those reading, I encourage you with God's word. For it is written:

1. Isa 3:10, Say ye to the righteous, that it shall be well with him: for they shall eat the fruit of their doings.
2. Pro 14:34 Righteousness exalteth a nation: but sin is a reproach to any people.
3. Matt 6:33 But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.

You will see that the common factor in all these scriptures is Righteousness. No matter your present situation, no matter your condition right now and no matter what you are looking for, if you seek His righteousness, you will get to your goal in life.

Therefore, I encourage you to seek after His righteousness.

The good Lord bless you.



Who is EMMANUEL?

Dear Beloved in Christ,

Let us reflect on the beautiful name Emmanuel, meaning "God with us." This is more than a word—it is a profound promise that has echoed through Scripture, assuring us of God's presence, just as it did for His people long ago.

1. God's Promise in the Old Testament

In Isaiah 7:14, we read, "The Lord Himself will give you a sign: The virgin will conceive and give birth to a son, and will call him Emmanuel." This prophecy was given to people who felt isolated and threatened. God assured them, "I am with you." He promises the same to us today—His presence as our comfort, guide, and shield in times of need.

2. God Fulfills His Promise in Jesus

In Matthew 1:22-23, we see this promise fulfilled: "The virgin shall conceive and bear a son, and they shall call his name Emmanuel (which means, God with us)." Jesus didn't just bring a message; He was God among us, bridging the divide and inviting us into a personal relationship.

3. Emmanuel - God's Desire for Relationship

Emmanuel is more than a name; it's an invitation. God wants us to know Him as a loving Father, not a distant figure. Jesus shared our struggles and joys, showing He understands us and is with us through everything.

4. Ongoing Presence Through the Holy Spirit

Though Jesus returned to the Father, He sent the Holy Spirit as a constant reminder of His promise. In Matthew 28:20, He says, "And behold, I am with you always, to the end of the age." Through the Holy Spirit, God's presence is with us daily—guiding, empowering, and comforting us.

5. Emmanuel - An Invitation to Deeper Faith

Emmanuel calls us to a close, trusting faith, welcoming God into our lives. "Lord, walk with me, guide me, fill my heart with your love." Embrace Emmanuel and let God's presence transform you, fill you with hope, and strengthen your spirit.

In Emmanuel, we have a Savior and a companion. Let us draw near to Him, for He has drawn near to us. Truly, God is with us—may we live every day with this assurance.

Blessings.



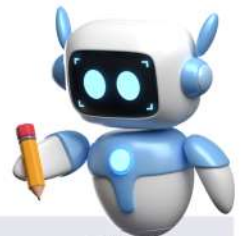
Salvation Prayer

Dear Father,

I come before You today acknowledging that I am a sinner in need of Your grace. I believe that Jesus Christ is Your Son, that He died for my sins, and that He rose again to give me eternal life. I ask You to forgive me for all my wrongdoings and cleanse me from all unrighteousness.

I invite Jesus to come into my heart and be the Lord and Savior of my life. Help me to live for You, follow Your will, and grow in faith every day. I trust in Your love, and I thank You for the gift of salvation.

In Jesus' name, Amen.



Now that you have surrendered to the Lordship of Jesus Christ, here are the next steps in your faith journey:

- **Confession and Public Declaration:** Acknowledge your faith in Jesus publicly, through baptism or by sharing with others. (Matthew 10:32).
- **Baptism:** Baptism symbolizes your new life in Christ, representing His death, burial, and resurrection. (Romans 6:3-4).
- **Join a Church Family:** Find a Bible-believing church for worship, spiritual growth, and fellowship. (Hebrews 10:25).
- **Read the Bible:** Regularly read God's Word to strengthen your faith and understand His will, starting with the Gospels. (2 Timothy 3:16-17).

Articles



FAITH AND SPIRITUAL GROWTH

- **Emmanuel in my Family Boat**
- **To Be a Witness**
- **Power of Praise**
- **Unsearchable Greatness of God**
- **An Excerpt on Mercy and Restoration**
- **Significance of "Elders' Forum" in the House of God**

EMMANUEL

in my family boat



Ephesians 5:21-25

[21] Submitting yourselves one to another in the fear of God [22] Wives, submit yourselves unto your own husbands, as unto the Lord [23] For the husband is the head of the wife, even as Christ is the head of the church: and he is the saviour of the body [24] Therefore as the church is subject unto Christ, so let the wives be to their own husbands in every thing [25] Husbands, love your wives, even as Christ also loved the church, and gave himself for it;

An old Sunday School rhyme says:

“ With Jesus in the family
Happy Happy Home
Happy Happy Home
Happy Happy Home
With Jesus in the family
Happy Happy Home
Happy Happy Home ”

The question is have you invited Him to be the head of your family? As the head of the family, wife or children do you have a personal relationship with Him? If the answer is “NO” you can start by inviting Jesus into your life as your personal Lord and Savior. It is the will of God to be the captain of every home. The decision to have him in your boat, however, depends on you aligning with His plan and purpose for your life.

[Revelation 3:20]

God himself ordains the Marriage Institution. God knew from the beginning of creation that a man needs a helper who is just right for him, so he formed a woman out of the man's ribs (Gen.2:22). With God as the Captain of your home, the family boat can never be capsized by the devices of the enemy

Prayer: Father, thank you for establishing my home. Thank you for my spouse. Thank you for every member of my family. To you alone be all the glory and honor in Jesus' Name we pray

[Lamentations 3:22]

Prayer: Father, I thank you for your mercy and grace upon my family. Thank you for your faithfulness upon my home. Keep away from me any sin that will draw my family away from you in Jesus' name we pray [Jeremiah 29:11]

The Bible warns us not to be ignorant of the devices of the enemy. It is therefore important for the head of the family to learn from the Proverb 31 man. A lot of times we talk about the Proverb 31 woman, but for her to accomplish her tasks, her husband was standing at the gate of the city with the elders of the land providing security for the family. Fathers, it is time for you to arise, shine, and begin to take your rightful place in place of prayer. I once had a story about a woman who was in labor, and the husband was by her crying because of the pain the wife was going through. The wife got upset with the sight of the husband crying instead of praying over her and called her Pastor to pray for her. A man is the number one priest of the home, as you begin to take your rightful position in the place of prayer the Almighty God will see you through in Jesus' name.

Prayer: Father, please energize me in the place of prayer. Empower me Lord to take my rightful place in the home. You have made me the head of my family; I decree and declare that my life will not disappoint you in the name of Jesus.

A biblical example of a man standing at the gate and providing cover for the family is Job. The Bible recorded that Job was found blameless before the Lord [Job 1:1]

Prayer: Father, let me be a man of complete integrity. A man who fears the Lord and who stays away from evil.

Due to the relationship that Job had with the Lord, the devil could not touch him and his household without obtaining permission from the Lord [Job 1:10]

Prayer: Father, please build your hedge of protection around me and my family. Bless the work of my hands and increase me on every side in Jesus' name [Ephesians 5:17-18]

The Father needs to understand the perfect will of the Lord for the family. This can be achieved by having a constant relationship with the Holy Spirit that can never lead you astray. The Father needs the divine wisdom of God to guide the family in the right direction.

Prayer: Father, please give me divine wisdom to lead my family in the right direction. Please fill me with your Spirit and power. Draw me closer to you day by day. Shine your light upon me and my household in Jesus' name we pray [Ephesians 5:25]

Just like Jesus demonstrates his love for the church and He is daily loading the church with blessings, the husband is expected to continually demonstrate his love for his wife. This type of love should be unconditional even as time goes on and the woman begins to lose her shape or beauty due to age and childbearing, the love will still stand firm. To love like Christ is to constantly demonstrate your affection, attention, devotion, and affirmation to the woman that you love. Jesus paid the prize for your salvation even before you were born due to the love he has for you; therefore, endeavor to anticipate the needs of the woman you love and act appropriately [1 Peter 3:7]

Prayer: Father, help me to love my wife just like Christ loved the church. Grant me the strength that I need to maintain peace and tranquility in my home in Jesus' name.

The responsibility of having a happy home is not just on the father as the head of the family; mothers and children also must play their respective roles in obedience and submission to the head of the family who is the representative of God that we can see while on earth [Ephesians 6:1]

[1 Cor 11:3]

When a man submits himself to the leadership of Christ in total obedience and honor, it becomes easy for Emmanuel to be in the boat of your family and such a home will surely be blissful.

In the kingdom of God, none of us will be found wanting in Jesus' name.

By Ast. Pastor Glady Alabi

To Be A Witness

Romans 1:16

For I am not ashamed of the gospel of Christ: for it is the power of God unto salvation to every one that believeth; to the Jew first, and also to the Greek.

The Power of Witnessing

Writing is harder than you think. First, there's the challenge of overcoming the writer's block, then finding inspiration. And even when you do, there's the fear that what you're writing may not be good enough. You're always chasing this grand vision of excellence in your head. But then, I remind myself to trust that the Holy Spirit guided me to this moment, even if I'm unsure how. I just know all it took was for me to write.

That simple act—writing—separates a successful writer from an amateur, a published author from one who has dreamed of publishing for years but never did. I call it the Great Divide.

Sadly, a similar divide exists in Christianity. What separates a Christian from a witness? They are two words with distinct meanings, yet they are often inseparable. Every Christian is meant to bear witness to God's truth. Our lives should testify to His glory. "Let your light so shine that all men may see your good works and glorify your Father in heaven." (Matthew 5:16). This is what the bible says. Therefore, given we are witnesses just by how we live, we should not fail in living a life holy and acceptable to God. But what does it mean to be a witness?

Keynote: A witness has to have experienced or seen the situation.

What Is a Witness?

Maybe we should backtrack some and talk about who is a witness, what does it mean to be a witness. A witness is someone who can testify, someone who has seen or experienced something first hand. To be a credible witness, you must have knowledge or personal experience. For us as believers, salvation is that life-changing, supernatural experience. Being saved is more than a moment; it is a transformation worthy of sharing.

The prophets of old foresaw Jesus' coming, and the disciples had the privilege of witnessing Him in person. Today, we have the gift of salvation, the Holy Spirit, the prophecies, and the testimony of the disciples. With these, we are fully equipped to bear witness to the world.

Dedication & Discipline

Let's return to the idea of writing and the great divide. What makes a writer is not just the ability to write. Literacy in America is 71%, however not everyone is a writer, not everyone publishes a book in their lifetime. I believe the reason is the level of dedication and discipline. Many writers have a routine that works for them, one that allows them to curb laziness and publish a book.

Similarly, a credible witness must be dedicated to living a holy and disciplined life. Your life is a script that others read. You are the cover to the book titled "God's Glory." How wonderful you are to God. That means you should consider what kind of witness you are. What story are you telling through the way you live?

Keynote: A witness called to the witness stand is supposed to testify.

Witnessing with Boldness

You are to witness to others. Be vocal in your love for God. Speak loudly and boldly about God's love for all of humanity. The Holy Spirit is our helper and will guide us in what to say. The Bible encourages us not to worry about the words, for the Holy Spirit will give us what

to say when the time comes (Luke 12:12). The Holy Spirit guides us to all truth so if there is a question you are afraid of being asked, ask the Holy Spirit.

A relationship with the Holy Spirit is vital. To be an effective witness, we must cultivate the habits of prayer and studying the Word. "Study to show yourself approved, a worker who does not need to be ashamed, rightly dividing the Word of truth" (2 Timothy 2:15). As we study and meditate on the Scriptures, the Holy Spirit brings us understanding. And through prayer, we maintain communication with God, staying in tune with His will. Similarly, prayer is powerful, it allows us to communicate and access the Father. That's why we are encouraged to pray continuously in understanding and tongues. This allows us to edify ourselves, bring our requests, and stay connected to God.

Keynote: A witness can guide others to be witnesses.

Guiding Others to the Truth

A witness's testimony can guide others to discover the truth. In court, a witness can sway the jury towards realizing the truth, and in the same way, our testimony can lead others to Christ. Jesus said, "I am the way, the truth, and the life" (John 14:6). There is nothing more true in heaven or on earth than Him. As we share the gospel, the Holy Spirit works through us to convict hearts and lead others to salvation. Surprisingly, as others realize the truth they too will spread the truth.

Typically, a witness' testimony saves the defendant from a wrongful accusation. Yet the atonement Jesus offers does something greater—it saves the guilty. This transcends human law. When we witness to others about God, we help save them, for all have sinned and fallen short of the glory of God. Under the law, we were all found guilty of sin, and the judgment for that guilt is death or eternal damnation. However, through hearing the gospel, believing, and confessing, we are saved from that guilt and granted eternal life. We are now free from sin and at peace with God. As witnesses, we guide others to find peace with Him, and they, in turn, can guide others to do the same.

But our role doesn't end at conversion. We are called to make disciples. It's not enough to lead someone to Christ; we must also teach them how to grow in their faith. Connecting new believers to mentors or a Bible-believing church helps them continue in their journey with God, bearing fruit and maturing in the Spirit.

Keynote: Winning a soul is not the end, discipling them is the next chapter.

We Are Not Alone

As witnesses, as we instruct others in the way of the Lord, it is important that we examine ourselves. Hebrews 12:1 reminds us to "throw off everything that hinders and the sin that so easily entangles" and to run with perseverance the race marked out for us. We are not called to pretend to be righteous but to live in obedience to God, allowing His righteousness to shine through us.

Remember, our lives are the first thing that minister to others. Therefore, your focus must remain on Jesus. Your life should reflect His, and your steps should follow His—with your cross on your back and Jesus leading the way. When you do, you'll realize that many others are doing the same.

You are not alone! Hebrews 12:1 assures us that we are surrounded by a "great cloud of witnesses." These encouraging words remind us that there are many on our side, cheering us on as we run this race of faith. Countless others are running the same race, following Jesus with their crosses on their backs. The Christian race is not a solitary one. We are part of a larger body, all striving to reflect God's love and truth to the world.

The love of God has drawn many to Him, including us. And because of that love, we are called to extend it to those around us. Don't let anyone perish without knowing the truth. Share the gospel with those around you and let them experience the peace that comes from eternal life in Christ Jesus, our Lord.

Keynote: You are not alone, there are many witnesses—in fact, there is a great cloud of witnesses.

Being a witness in today's world

In today's world, it's more important than ever to be firmly grounded in what you believe. With the massive amount of information available at our fingertips, it's easy to get swayed. Unfortunately, much of what's out there is misinformation or partial truths, and many people are overly opinionated in a culture that feels increasingly sensitive. But despite these challenges—or rather, because of them—this generation needs the gospel and the truth of God more than ever before. What this world needs is faithful witnesses who will partner with the Holy Spirit.

Acts 1:8 tells us, "You will receive power when the Holy Spirit comes on you, and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth." The Holy Spirit partners with faithful witnesses. He empowers them to share the gospel and lead others to Christ.

This partnership with the Holy Spirit not only gives us strength but also enables us to bear the fruit of the Spirit—particularly love. When you genuinely care for others, you'll find yourself able to relate to them, not judge them, and show them the love of God. Love is key. It opens doors and creates connections where words sometimes fail. Through the Holy Spirit, we can demonstrate this love authentically, which becomes the bridge for witnessing to those who are far from God.

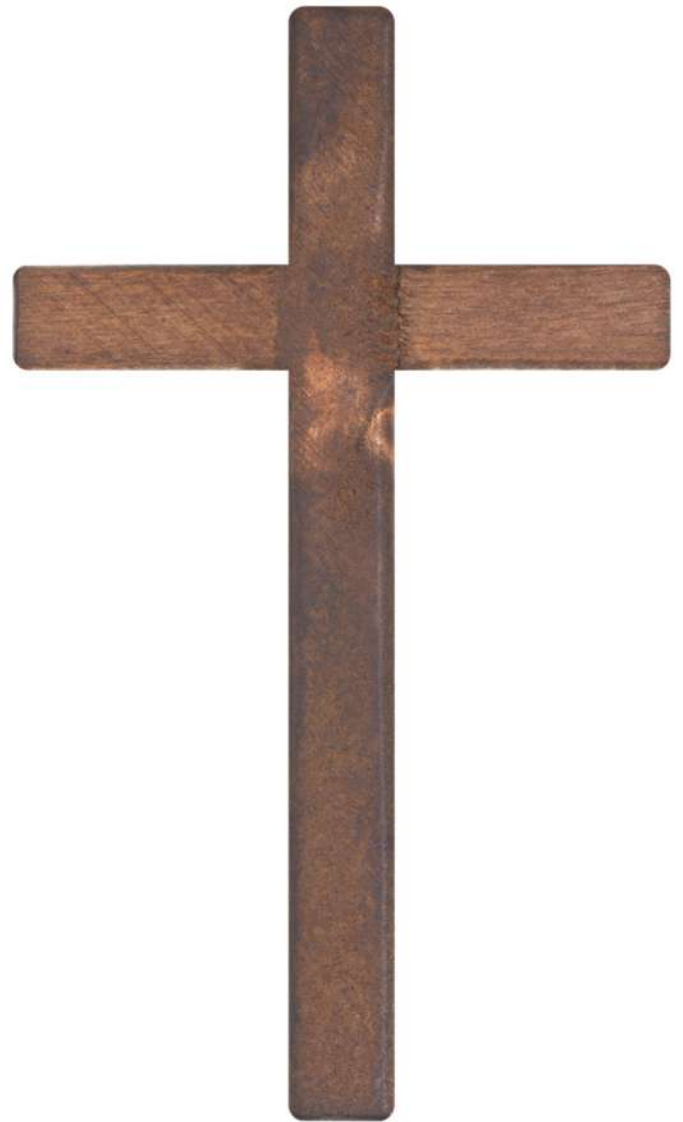
I once made an acquaintance who was wrestling with the question of whether God exists. Whenever I spoke about God, it felt like I was speaking a foreign language to him. But instead of pushing, I chose to listen and be available when he needed to talk because I care. I keep praying for him while showing him the love that God has for all of us. It's important to remember that it's not our job to convince others—it's the Holy Spirit who does the convincing. We are simply vessels, showing the love of Christ through our words and actions.

Starting Your Journey as a Witness

Much like an amateur writer unsure of where to begin to publish their book, you may feel unsure about how to start witnessing. It all starts with those around you—your family, friends, and anyone in your life who hasn't yet encountered the gospel. I'm sure you'd want the people close to you to experience the gift of eternal life.

As you grow in this journey, guided by the Holy Spirit, you'll begin witnessing to people you don't even know. It's like writing a book—the first readers are usually those familiar to you, but a great book reaches strangers and makes them feel like family.

Psalms 45:1 says, "Beautiful words stir my heart. I will recite a lovely poem about the King, for my tongue is like the pen of a skillful poet." As witnesses, our hearts should be stirred with the desire to spread God's name and glory throughout the world. He is worthy of it all, and the lost need to come to Him. So I ask you, are you ready to be a witness?



A witness's testimony can guide others to discover the truth.

-EMMANUEL ONI



POWER OF PRAISE

BY DAMILOLA WILLIAMS

Praise... It's deeper than the song we sing
It's deeper than the sweet melodies of the voices and the dynamics of music
Your Praise; is a weapon
Your praise is a powerful tool you can use to attain victory
I encourage you, over that issue or situation where you need a breakthrough, my friend reading this, why don't you try praise?
Praise is one of the secrets of an overcomer.
Also, it is one very valid way to make THE FATHER happy, and the lord is seeking people who can praise Him in every situation John 4:23. A very good example of someone who pleases the Lord with his praises is David - 2 Samuel 6:14.



WHEN DO I PRAISE GOD?

You praise God at all times - Psalm 34:1. Someone's thinking, "ahh, praise even when I'm struggling and in difficult times?"

Yes, my brother and sister, at all times. We don't praise God only when things are all good and well.

Praise Him when you lose that thing very precious to you, praise Him when things don't go as expected.

Praise Him through your failures, praise Him in the storm, praise Him through that pain, praise Him AT ALL TIMES.

HOW DO I PRAISE GOD?

Dancing: 2 Samuel 6:14, Psalms 150:4a

You can praise God by dancing to Him. During your leisure time, find a beautiful praise session on your device (phone, television, laptop, etc) and just dance to your maker.

Singing: Psalms 100:1-2 , Acts 16:25

You can praise God by singing songs of adoration and thanksgiving to Him. It pleases His ears to hear you sing to Him. Remember, I said earlier that praises are deeper than the sweet melodies of voices. You don't need to know how to sing alto or soprano to praise God. Just express your heart to Him.

Shouting and Instruments: Psalm 150:4-5

You can praise the Lord with a shout. This kind of praise is called SHABACH which means to shout! You can also praise Him with your instruments. Today, get you a praise instrument.

"Lastly, note that praise is not a formula or a practice we engage in just to receive things from God, NO. Praise should be the lifestyle of a believer, it should be the lifestyle of a lover of Christ."

UNSEARCHABLE GREATNESS OF GOD

MEMORY VERSE: Isaiah 40 v 28 (NKJV); BIBLE TEXT: PSALM 145

Let me start by saying "You can only 'fathom the unfathomable' God by knowing Who He is." I know what you may be thinking but pardon my use of 2 opposite words in the same sentence as I will explain in a bit. **[Isaiah 55 v 8-9(NLT)]**

God is unfathomable, being that His ways are not our ways, neither are His thoughts our thoughts. He is a God filled with mysteries and mysterious acts, that is everything about Him and what He does or how He does what He does is full of wonders. Even with all His mysterious ways, we still must learn or study or know about Him, because that is the way we can appreciate Him or interact with Him or build a quality relationship with Him. We have to be able to fathom who He is, to be able to give to Him what He deserves; our worship, our devotion, our time, our resources, our being, and our existence.

Do you see now, why I said from the beginning that "You can only 'fathom the unfathomable' God by knowing Who He is? I hope now you understand my grammar and you will pardon me. *smiles*

Let me ask you this simple question; "How great is God?"

If I begin to tell you how great God is, I know you will have one or two or more things to say or add to my list and I may say that is not what I know about God. Am I correct? The answer is yes. Are you correct? That is also an emphatic yes. We are all correct, only that we describe God from the knowledge we have about Him or the experience or encounter we had with Him.

So I ask again "How great is our God?"

I want you to ponder on that for a minute and then ask yourself "Do I know God?" or "Do I truly know God?"

If you were made to worship Him, how then can you worship a God that you do not know?

If you were created for His pleasure, how then can you bring pleasure even when you are unaware of who this God really is?

If you were built to serve Him, but then I ask again how do you serve a master you do not even know how He leads?

Your faith is to be grounded in Him, but how can you trust God when you barely have knowledge or understanding of His resume (an account of past victories and deeds)?

And the list goes on and on...

The word "great" has been used so loosely that I even want to use a word that could mean more than great when describing God. I say this because "great" has been ascribed to material things like "this car has a great engine" or attached to people's names like "Alexander the Great". A comedian, Jackie Gleason, simply went by the title, The Great One. And we cannot forget the claim of boxer Muhammed Ali, who declared himself as The Greatest of All Time.

I say that only God is Great! Furthermore, His greatness is unsearchable.

Psalm 145 v 3. (KJV)

3. Great is the Lord, and greatly to be praised, and his greatness is unsearchable. No one has or ever will fully fathom the depths of God's greatness. Not even the most knowledgeable scientist with all the advanced scientific equipment can capture all that God is. When King David said, "... His greatness is unsearchable". He was simply saying His greatness is infinite, that is, it has no ending (it is eternal, forever).

There is nothing remotely mundane about the greatness of God. It is beyond comprehension or calculation. This is the sort of greatness that mesmerizes, thrills, and enralls. This great God is good, righteous, gracious, merciful, abounds in steadfast love, mighty, upholds, sustains, supplies, satisfies, kind, preserves, protects, and so on. If you can imagine how great God is with all these attributes, now imagine if this great One possesses the opposite of these attributes. I do not even want to imagine the outcome, but as great as God is, He chooses only those godly characters that we may enjoy Him till eternity and thereafter. **[1 Chronicles 29 v 11-12 (KJV)]**

HE IS KING ETERNAL AND IMMORTAL.

1 Timothy 1 v 17 (KJV)

Earthly kings have a location per time, but God is invisible and omnipresent.

Earthly kings die and their graves with the contents of bones and all their adornments prove their exit, but the empty grave will forever prove our God is still alive and lives forever.

Loving God cannot be imposed on any man, but the depth of your experience and/ or encounter with Him will help you know Him, and then you can love Him. From loving Him, you'll desire to live for Him and serve Him all your days.

The dimension of God revealed to you will be Who you testify about to your world. You can only reflect the quality of the dimension of God revealed to you. If you encounter a mighty God, then your testimony about Him to others will be about an Almighty God. If you encounter Jehovah Rapha, then everywhere you go all you want to talk about is The God that can heal because He has healed you. Maybe you got stranded on an issue and, without knowing how, God came through for you, you will be testifying about the Way Maker so that others can also seek Him. Peradventure you have been going through some trying times, but you know within you that there is this unexplainable peace that you have, it's The Prince of Peace that you will be introducing to people you come across. I know you get the picture I am trying to paint here. No one encounters Him and remains the same.

Do you know that some of the Names of God were birthed via people's encounters with God? For instance, Jehovah El-Roi, The God who sees me, came about when Hagar encountered God in her darkest moments. **[Genesis 16 v 13 (KJV)]**

Up close: You may want to ask me if I have encountered this God or have a testimony to share of His good works. My answer is yes, I have encountered The God that has never left me stranded. When it seems all hope is dashed and there is no one to turn to, He shows up and turns things around for my good. I call Him Jehovah El-Ireana (this name is not in the Bible).*smiles*

There's an attribute of God that cannot go unnoticed is the ability to be everywhere at the same time. His presence! God's presence comes with so many things that a believer enjoys. When you carry the presence of God, darkness and all that it represents bows out, for God is light and darkness cannot comprehend it. Emmanuel! God with us... If God is with you, then His presence is with you wherever you may go, He is right by your side. **[Psalm 139 v 8-12, Exodus 33 v 14]**

A few people who encountered God and/or His presence are:

1. Moses' encounter with God in the burning bush was the foundation of his confidence when he confronted Pharaoh. He did not suggest to Pharaoh, but with all the audacity he spoke bravely to him **[Exodus 5v1, Genesis 32 v 24-31, Acts 22v 1-10, John 4 v7-30, 2 Timothy 3v7]**

The knowledge of God that a Christian or believer needs must be concise and precise, else too much knowledge could lead to fewer manifestations (coming to the knowledge of truth).

2 Timothy 3 v 7 (KJV)

7 Ever learning, and never able to come to the knowledge of the truth.

That is to say, not all spiritual knowledge is useful to a believer, or else you begin to practice doctrines outside of scripture not necessarily out of will but out of ignorance. Therefore, to learn or study about the unsearchable greatness of God, it has to be exact and defined:

1. KNOWLEDGE OF GOD THROUGH HIS WORD (SCRIPTURES):

The Bible is so precious, not because of the record of the religion of an ancient people nor a volume of fascinating stories. It is the infinitely and incomparable great God making Himself known to you and me. Though by nature God is unsearchable, he condescends and makes Himself searchable and knowable to undeserving people like us, it is almost too much for words [Proverbs 25 v 2 (GNT)]

2. KNOWLEDGE OF GOD THROUGH JESUS:

Using Jesus as the lens through which we explore God. What you know about Jesus will guide you into the knowledge of God Himself. The Word incarnate came to dwell among us so we can SEE and KNOW who God is. He is the perfect expression of God's character. [John 10 v 30, John 1 v 14]

3. KNOWLEDGE OF GOD THROUGH HIS WISDOM:

To understand the greatness of God, you have to explore His wisdom [Psalm 104 v 24 (AMPC), Proverbs 3 v 19-20]

God was and is not mentored by anyone, nor does He learn. He does not increase nor decrease in wisdom, neither does He grow in knowledge. He is the King eternal, King immortal, King invincible, the only wise God [1 Corinthians 3 v 18-21 (NLT), 1 Corinthians 2 v 6-8, Ephesians 2 v 10, 3 v 10]

4. KNOWLEDGE OF GOD THROUGH HIS POWER:

To be able to appreciate the greatness of God; understanding how powerful He is, is inevitable. [Jeremiah 32 v 17 (NKJV), Psalm 62 v 11 (KJV)], Deuteronomy 26 v 6-9 (please read), Isaiah 40 v 28-29, Daniel 11 v 32 (NKJV)]

CELEBRATING THE UNSEARCHABLE GREATNESS OF GOD.

We are to extol Him. God is high, and we acknowledge and declare it so. We do not make Him higher than He already and always is, but we can declare Him to be infinitely high and worthy of praise. Our praise must come from within, with understanding and knowledge of whom we are praising. **[Psalm 47 v 1-9]**

We do not stop at that but sing aloud, give thanks, and make known His mighty deeds. All these expressions of praise have vocalized declaration in common. If, for any reason, you shy away from these expressions, you will never fully worship God in proportion to His greatness and will never experience in your soul the depths of delight that come from celebrating who He is and what He has done. Worship that glorifies God must be expressed in conscious awareness that this is the ultimate goal for which we were created and redeemed. We do not worship God to attain some higher end, accomplish some greater goal, or experience a more satisfying joy. Worship is not a means to the accomplishment of an end. Worship itself is the end accomplished by all other means. Worship is not simply one part of our existence, rather, it is the point of our existence. **[Psalm 146 v 2 (GNT)]**

MEDITATE:

1. Jeremiah 9 v 23-24 (MSG)
2. John 17 v 3 (NLT)

HAPPY 16TH ANNIVERSARY... from Ireana Adeniji.





AN EXCERPT ON MERCY & RESTORATION

On more than one occasion, the Bible records the experiences of people who departed either from the presence of God or the haven of their community/family. Cain "went out from the presence of the Lord and dwelt in the land of Nod on the east of Eden." His lot was him becoming a father to a generation that was anti-God. (Gen 4:16-24) Esau went out and took wives of the daughters in Canaan, and was 'a grief of mind' to his parents. (Gen 26:34) There's no reward for leaving God's presence as it only comes with grief and misery. The Bible mentions in Psalm 91 the promises allotted to those who dwell in the secret place of the Most High.



Just like Reuben, Simeon, and Levi had been disqualified from being at the forefront of the nation of Israel, Judah, similarly went out from his brothers and family and committed terrible acts in Genesis 38. He mingled with the Canaanites, and in the process lost his way.

Judah was damned for destruction, but God restored him after he and Tamar repented of their horrible acts. It would interest you to know that when Jacob gave his final words to his children, he decreed that Judah's lineage would be the foremost tribe, first in line for kingship, and dominion, eventually ushering in the government of the Messiah, Jesus. (Gen 49: 8-12)



One of the qualities of God is His infinite mercy. When we come to him with a broken and contrite heart, God's mercies endure forever, and in the amount He makes available, there is an opportunity for full restoration. Who would have thought that our Lord Jesus would come through someone like Judah or a murderer like David? We should recognize that the greatest gift made available, salvation, is out of His infinite mercies, and for whatever we've lost, we can be fully restored. Our part to play is to come in truth simply and He is faithful enough to provide grace that restores multiple folds. This is a call to remember God's graciousness, forget not His goodness, and become full partakers of His kingdom.

By Fola Aluko

THE SIGNIFICANCE OF "ELDERS' FORUM" IN THE HOUSE OF GOD



I find it very imperative to start this piece with gratitude and appreciation for the leadership of RCCG, Jesus House Huntsville, especially our pragmatic and indefatigable Pastor, Pastor Peter Oyediran, for deeming it fit and worthy to have an "Elders' Forum" in this church.

Who is an elder?

To some people, an elder is a person (man or woman) over 50 years, while to others, an elder is a person above 60 years. The latter category of belief - of an elder being a person above the age of 60 years old, is the option adopted by the leadership of the RCCG Jesus House, Huntsville, to determine the eligibility of the person to be in the "Elders' Forum".

What are the roles expected of a member of the Elders' Forum or pointedly, what are the roles of an elder in the church of God?

An elder in the church is expected to live a blameless life. He/she is equally expected to be faithful to his/her spouse and children.

An elder is generally expected to be a role model in positive virtues.

Apart from the age determination of an elder and according to the Biblical injunction as prescribed in the Bible, in the books of Titus 1:5-9, 1 Peter 5:1, and Revelation 4:4, an Elder who is a manager of God's household must live a blameless life and a believer who does not have a reputation for being wild and rebellious.

He/she must not be arrogant, quick-tempered, a heavy drinker, violent, or dishonest with money.

An Elder must be able to effectively preach God's word.

According to 1 Peter 5:1-4, an elder must partner with the leadership of the church, to care for the that God has entrusted to the church. He/she must watch over the flock, willingly, not grudgingly, and not for what the Elder will get out of it, but is eager to serve God.

It should be noted that the qualifications of being an Elder, involve character, not knowledge of a person's lifestyle and relationships, provide a window into his/ her character.

Equally, Christian leadership is one in which authority is based on service, not power. Elders in the book of Revelation 4:4, represent all the redeemed of God for all time. From the foregoing, I believe it is a great privilege to, and the awesome grace of God, to be an Elder in the house of God.



PARENTING, FAMILY, AND RELATIONSHIPS

- **Parenting from a Christian/African Immigrants' Perspective**
- **Finding Fulfilment in Raising Godly Seeds**
- **Where Are the Men?**
- **How to Fix Broken Trust in Marriage**

Parenting From A Christian/African Immigrants' Perspective

"ALL RESEARCH IN THE UNITED STATES TODAY SHOWS CLEARLY THAT PARENTS ARE BY FAR THE MOST IMPORTANT FACTOR INFLUENCING THEIR CHILDREN'S RELIGION, NOT ONLY AS YOUTH BUT ALSO AFTER THEY LEAVE HOME"

The above statement is a quote by Setran in his book on Christian parenting. While every parent indeed wants to be influential in all spheres of their children's lives, immigrant parents who might have had their formative years outside of the US face peculiar challenges towards this quest. Children from such homes find themselves in two influential worlds, the world of their parents when they are home and what the American culture throws at them when they are away from home. In some situations, the differences between the two worlds can be very significant.

This writeup expounds on the 6 main themes of good parenting identified in the article by Eve et al, from the perspective of a parent who had her formative years in Africa. The author discusses her experiences and the importance of a solid Christian foundation for the well-being of both parents and children. A disclaimer here is that children, even twins, are very different, and a one-size-fits-all parenting style will not work.

"Children are a gift from the Lord"

One thing to note is that by the natural order of things, it is the good Lord who confers the 'parent title' on anyone. Psalm 127:3 says "Children are a gift from the Lord" therefore irrespective of what the world thinks, the manual for bringing up every individual child is with Him and Him alone. The good news is that He is ready to let us have it when we ask. It is my humble prayer that the Lord will grant us parents, the grace and wisdom to raise Godly children who will fulfill their destinies not only in the spiritual dimensions, but in academia and sound decision making up to the national and international fronts etc.

A group of identified professionals who were surveyed in the work by Eve et al 2 agreed on the 6 main themes of good parenting. The list may not be exhaustive but will act as a guide in the discussions here. They were itemized as insight; willingness and ability; day-to-day versus complex/long-term needs; child's needs before own; fostering attachment; and last but not the least consistency versus flexibility.

Insight was defined as "an awareness of one's role as a parent, including understanding your child, their needs, and your ability to provide for those needs.". Whilst every parent needs to make conscious efforts towards this feat, dependence on God is the key. Even as parents we do not know ourselves well enough, let alone our children.

Only God has the manual per child and it is a must to establish that close relationship with Him if we want to know more about ourselves and the children/ gifts He has given us.

The second theme suggests that parents need to have both the willingness and ability to parent. Willingness entails accepting responsibility and the sacrificial efforts that come with it. There is an adage that says if your child defecates on your hand, you do not cut off your hand. It is important to let our children know their joy is our joy and likewise their pain is our pain. As parents we breathe and think about their success in life.





In most homes where parents are immigrants, cultural differences, educational backgrounds etc, may be barriers that can affect a parent's ability in this context; however, it is important to let children know and understand that irrespective of backgrounds, parents have more insight into life than they do. For example, more often than not, children are more tech savvy than such parents, but that is not what LIFE entails. There is a lot more to LIFE and it cannot be emphasized enough that parents have the responsibility to be guided by the Lord to be able to help children navigate through LIFE successfully. The second part of Matthew 15:14 says "And if the blind lead the blind, both shall fall into the ditch". That will not be out portion in Jesus's name.

Day-to-day versus long-term needs, suggest major sacrifices to be made by parents. This was defined by one professional as "meeting the basic developmental needs of a child, whether they be physical, emotional, safety, discipline, or cognitive, whilst also balancing the longer term needs of a child, enabling the child to reach their potential and develop into a well-adjusted human being."

Most parents who participated in the survey talked about putting the child's needs before the parents'. Whatever needs there are let us make the scripture "Godliness with contentment is a great gain" a key part of us. From the get-go, and consistently, both parents and children should have conversations about who they are in Christ and the pilgrimage in this world.

Fostering attachment was defined as the need for caregivers to encourage bonding and attachment with a child, to establish security, comfort, and confidence. This is very important especially with this hectic environment. Despite busy schedules, parents should make time for family vacations, spend quality time together and encourage an atmosphere of trust, without compromising the place of discipline. There are very inexpensive and creative ways this can be done. Taking walks or biking on walk trails and parks are great but inexpensive ways of spending quality time together as a family. As we have fun together, we must be conscious of a good balance. As the saying goes; all play and no work, makes jack a lazy boy!

The last of the 6 themes emphasized the need for a balance between consistency and flexibility. Consistent discipline, boundaries and routines, goals, outcomes and rewards should be in place from the get-go. As children grow and mature, it is important to explain the reasons behind such boundaries and disciplinary actions. We pray to God for obedient children but if inconsistent and incorrigible behaviors surface, they should be earnestly and prayerfully addressed, asking for God's grace and wisdom. Parents can set up virtual calls or face to face meeting with other respected elders before whom everyone may be free to pour out their hearts. It is also a good idea and intuitive to let children interact and associate with children with similar backgrounds through church and other Christian gatherings. In conclusion, the author encourages parents to maintain unity in the home and make conscious effort to take good care of their physical, mental and spiritual well being in this busy environment. As we grow, exercising at the gym, taking walks etc. should be part of us.

BY ANYAMA HANSON TETTEY

FINDING FULFILLMENT

— IN RAISING GODLY SEEDS —

First and foremost, we must never forget that children are gifts and blessings from the Lord just like it is stated in the bible in the books of Psalms 127:3-5, and because they come from God, their lives must be raised to please God.

Our Goal is To Raise:

- Children who love and reverence God dearly
- Children who have humbly received Jesus Christ as their Lord and personal savior.
- Children who live in total obedience and submission to God and their parents/guardians.

The goal of parenting is not to raise perfect children but to point our children to the perfect God. Don't forget that the most important work you will ever do within the walls of your home is raising a God-fearing and responsible child who will love, obey, and serve the Lord, as well as obey the law of the land.

Few things to remember in doing this great task

- Parents must live like Christ and be role models for their children—You are your child's first teacher.
- Love your children and let them know that you do, 1Tim 1:8. Build a secure bond with them.
- Diligently teach your children the way of the Lord. Let them see you pray, Pray with them, Study God's word together, and most importantly raise a family altar in your home. Deut 6:6-7
- Discipline is an important part of raising Godly children, and parents should be consistent with it, Prov 29:17. This is a sign of your love for them.
- Do not irritate, aggravate, or provoke your children to anger, Colossians 3:21. Answer all their questions, and celebrate their achievements both big and small.
- Take your children to church programs and follow up with what they learned.
- Pray, trust, and commit your children in the hands of God.



Always remember that Children learn best by example so as parents, live out your faith authentically, attend church services regularly, and talk to them openly about your relationship with God. Conclusively it is very important to know that parenting is a joyful journey that can be walked by the grace of God in helping to raise champions and leaders who will have a Godly impact in their generation.

Prayer Points:

Father, thank you for giving me my children as a special gift to my family.
Father, let my children fulfill destiny'
Father, let my children be for signs and wonders, in Jesus name. Amen



WHERE ARE THE MEN?

Dr Motajo Modupeoluwa Olakunle

Memory Verse: "Be watchful, stand firm in the faith, act like men, be strong." – 1 Corinthians 16:13 (ESV)

Brothers, where are you? In a world of distractions and pursuits, where do we stand in our commitment to God? The call is resounding, the need is great, but where are the men who will rise up and answer?

God's plan for you is to know and love Him. To understand your spiritual identity and responsibility in Christ. The Divine Design: God created us with purpose and intention. He formed us to lead, to protect, and to walk in His ways. Yet, how often do we stray from His path, chasing after fleeting desires and worldly ambitions?



The Call to Leadership:

In every sphere of life, God calls men to be leaders – in our families, our communities, and our churches. But leadership in God's kingdom is not about dominance or control; it's about servanthood and humility, following the example of Christ Himself.

The Battle for the Soul:

There is a battle raging for the souls of men. The enemy seeks to distract, deceive, and destroy. Yet, we are not left defenseless. Through the power of God, we can stand firm against the schemes of the evil one. "Finally, be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil." – Ephesians 6:10–11 (ESV)

The Pursuit of God:

Our hearts long for fulfillment, for purpose, for significance. Yet, true fulfillment is found only in God. As men, we must turn our gaze away from the empty promises of this world and fix our eyes on the one who gives life abundantly. "But seek first the kingdom of God and his righteousness, and all these things will be added to you." – Matthew 6:33 (ESV)

The Power of Prayer:

Prayer is our lifeline to the Almighty. It is through prayer that we commune with God, seek His guidance, and unleash His power in our lives. Let us be men of prayer, fervent, and steadfast in our communion with the Most High. "The prayer of a righteous person has great power as it is working." – James 5:16b (ESV)

Conclusion

Brothers, the world is in need of men who will rise and take their place in God's kingdom. Let us be those men – strong in faith, bold in witness, and steadfast in love. For in God, we find our true identity and our ultimate purpose. May we be counted among those who stand firm, declaring with courage and conviction, "Here I am, send me!" "For God gave us a spirit not of fear but of power and love and self-control." – 2 Timothy 1:7 (ESV)

HOW TO FIX BROKEN TRUST IN MARRIAGE



Examine yourself with these questions:

1. The bible says that A man should love his wife and that a woman should respect her husband, are we obeying these instructions?
2. Why is it hard to spend time with your spouse?
3. Why are we too spiritual when it comes to being romantic with our spouses?
4. Why are we threatened when our spouse is empowered?
5. Why do we find it hard to talk to one another about anything?
6. Why don't we engage in foreplay as couples before sex?
7. Do you forgive your spouse completely or use it against them another time?
8. Are you grateful and appreciative to your spouse?
9. Men do you help with chores around the house? Women, do you make sure that your husband's needs are satisfied?
10. Do we pray as a family?



Relationship tips:

1. You can forgive someone and still cut them out of your life because your forgiveness doesn't mean they can still be around you.
2. Distancing yourself from someone who doesn't value you is a win, not a loss
3. Not knowing where you stand in someone's life is exactly where you stand because someone who truly values you will not leave you questioning where you are in their lives.
4. Just because two people have been together for a long time doesn't mean they are in a perfect relationship, time with someone means nothing if it isn't valued.
5. There is "love" the feeling and "love" the commitment: you can't build marriage by love the feeling, you can be attracted to more than one person but you can only be in love and committed to one person. Marriage is such a long journey and you can't motivate him or her all through the journey of marriage as it has to be mutual. We have to think like the men in the bible Solomon, Paul, and the rest of them
6. Verbally telling your spouse you love them daily makes a difference; learn to speak to your spouse in a way that he/she understands. Everyone has a love language or how they want to be addressed!
7. Ask questions from people who have gone before you in the journey you are about to encounter or hoping to be on.

Men

1. As a man, can you provide financially, emotionally, and spiritually? (1 Tim 5 vs 8)
2. The husband as a head does not mean he is superior: God has a system in creation, and so after him was the man and then the woman. When you see yourself as superior, it means that the woman will have to bow and act as a servant. She is what completes you as a man and should not be seen as a servant. (1 Corinthians 11 vs 3)
3. God's instruction for men is to love their wives as Christ loves the church (Ephesians 5 vs 25-33, Colossians 3 vs 19)

Note:

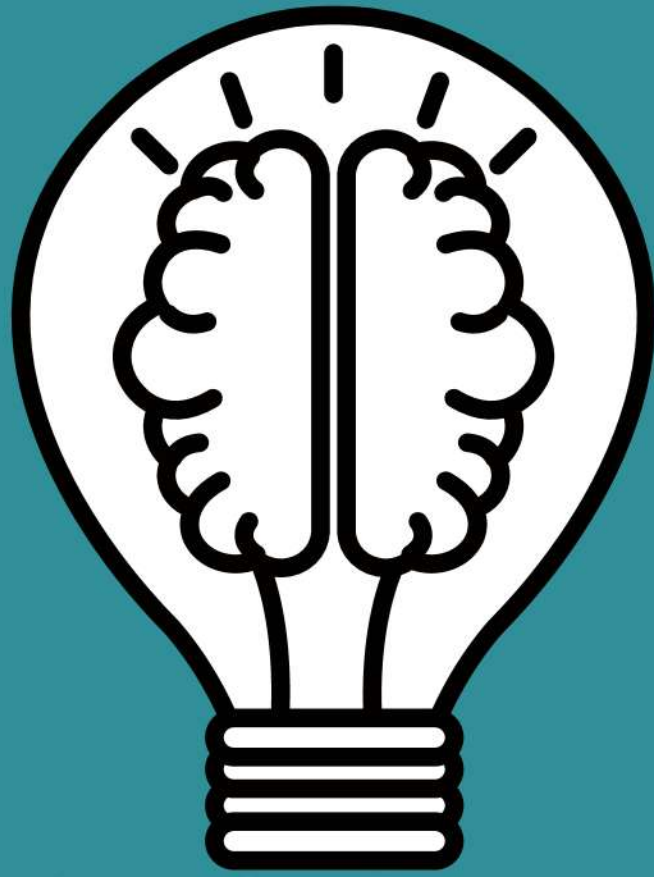
As couples, God expects us to see each other as one spirit, soul, and body. The mystery in the covenant we take on the altar when we get married is usually underestimated by a lot of married couples today. The covenant in question is a spiritual exercise that should not be overlooked, especially when it looks as if the marriage is not working in the first year. There are so many challenges couples face during this first year and if God does not help in the process, couples will either say they are not compatible or that the marriage was a mistake. If God is the founder of marriage, why can't we go to him for ideas and solutions when we start facing hiccups in our homes? Love is very easy to profess, but very hard to uphold and conform to. When the bible in the book of Luke talks about what love is; love is kind, patient, selfless, and enduring, it is not based on our emotions but on the commitment to help each other. God is the author of love and marriage and we must rely on the maker to provide the cheating shit to succeed. No one marriage is perfect or void of issues, but the acknowledgment or understanding that we are all a work in progress, humans and make mistakes. We should be quick to apologize when wrong, selfless enough to carry each other when necessary, humble in all situations, and seek God's face in the process. Then, will our marriage stand the test of time.

Women

1. As women, you are instructed by God to submit ourselves to your husbands (Ephesians 5 vs 22-23)
2. Women are supposed to be the home builders (Proverb 14 vs 1)
3. Women are expected to respect their husbands (Proverbs 31, 1 Peter 3 vs 5)



"By Linda Ezeikel



PERSONAL DEVELOPMENT AND LEADERSHIP

- **Transformational Leadership:
Inspiring Change and Innovation**
- **How to Develop a Winning Attitude**

HOW TO DEVELOP A **WINNING** MINDSET

Human beings can alter their life by altering their attitudes. We need to train our attitudes day by day. Actions trigger feelings just as feelings trigger actions. Mindset is also similar to self-esteem. Someone can't give it to you, you have to build it on your own. Life is interesting only to interesting people, or life is successful only to successful people. You must first become, from a mindset standpoint, what you wish to become.

A person must first act, look, and feel successful before the success comes.

Before a person can become who he or she wants to be or be addressed as, he must first act, walk, talk, and feel like who he wishes to become.

A few points to keep in mind

Developing a winning mindset is about cultivating attitudes, beliefs, and habits that support your goals, help you bounce back from setbacks and fuel growth. Here's a comprehensive approach to building one:

FEW POINTS TO KEEP IN MIND

1. Focus on Your Passions and Set Clear Goals

- **Do What You Love:** Focus on things that excite you. When you're passionate, developing a positive mindset becomes easier.
- **Define Success for Yourself:** Set specific, measurable goals so you know what you're working toward.
- **Visualize Success:** Imagine yourself achieving your goals to stay motivated and strengthen your commitment. This will inspire those around you and you will find good things will begin to happen to you.

2. Slow Down Your Emotions and Cultivate Positivity

- **Be Mindful of Racing Thoughts:** When you catch yourself thinking negatively, pause and take a deep breath. Practice becoming mindful of your automatic responses.
- **Choose Positivity:** Your mind can hold only one thought at a time, so focus on the positive. Since there's no benefit to negativity, keep your mindset constructive. When you notice yourself thinking negatively, take a deep breath. You need to practice becoming mindful of your racing thoughts.

3. Embrace a Growth Mindset and New Ideas

- **View Challenges as Growth Opportunities:** See challenges as chances to learn and develop instead of obstacles.
- **Learn from Mistakes and Seek Feedback:** Reflect on setbacks, use them as stepping stones, and welcome feedback as a way to improve.
- **Stay Open to Learning from Others:** Remember that everyone has something valuable to teach you.

4. Build Resilience, Adaptability, and Confidence

- **Stay Positive and Persistent:** A winning mindset involves bouncing back from failure without lingering on it.
- **Radiate Well-Being and Self-Belief:** Walk, talk, and carry yourself like someone who knows where they're going; this will inspire others and attract positive outcomes.
- **Prepare for All Outcomes:** Planning for the best, worst, and everything in between gives you peace of mind and strengthens your resilience.

5. Commit to Continuous Learning and Self-Discipline

- **Stay Curious:** Keep learning new skills and concepts to remain adaptable and resourceful.
- **Develop Routines and Strong Habits:** Align daily habits with your goals to build consistency. Recognize small wins to build momentum.
- **Embrace the Journey of Growth:** Life may not get easier, but it can make you wiser. Embrace the growth along the way.

6. Take Care of Your Mental and Physical Health

- **Practice Mindfulness:** This helps reduce stress, keeps you focused, and brings you back to the present.
- **Prioritize Well-Being:** Sleep, nutrition, and exercise all contribute to mental and physical resilience.

7. Cultivate Strong Relationships and Interdependence

- **Value Others:** Recognize that success is rarely achieved alone; our attitudes toward others shape theirs toward us.
- **Appreciate and Uplift:** People crave being valued, appreciated, and feeling important. Give this to others, and it will return to you.

8. Stay Purpose-Driven and Grateful

- **Connect to a Larger Purpose:** Knowing your "why" keeps you motivated even when obstacles arise.
- **Practice Gratitude:** Focusing on what you're grateful for makes it difficult to maintain a negative mindset. Remember that what you have today may be more than others ever will. Be grateful for everything you have because there are people who will never have what you have today.
- **Slow down the speed of your emotions:** A winning mindset grows through small, consistent actions and conscious effort, and it becomes a powerful foundation for achieving meaningful success and fulfillment.

9. Treat others the way you want to be treated.

- The deepest cravings of human beings are to be needed, to feel important, and to be appreciated. Give these to them and they will be returned to you.
- **We are interdependent:** It is impossible to succeed without others. It is our attitudes towards others that will determine their attitudes toward us.

10. Visualize your ideal self and work towards it

- Before a person can achieve the kind of life that he wants, he must become that kind of individual. He must think, act, talk, walk, and conduct himself in all of his affairs as would the person he wishes to become.



“ BY ABEL OSAGIE



TRANSFORMATIONAL LEADERSHIP: INSPIRING CHANGE AND INNOVATION

By Segun Oke, PhD

True leadership is not about titles or positions but about inspiring others to unlock their potential and achieve greatness. This is the essence of transformational leadership, a leadership style in which leaders are seen as role models who demonstrate moral conduct.

Key Principles of Transformational Leadership

1. Visionary Leadership

Transformational leaders must have a clear and compelling vision that transcends personal ambition and connects to the greater good.

Proverbs 29:18 states, "Where there is no vision, the people perish."

Visionary Transformational Leaders

- Inspire change by painting a picture of the future that motivates others to act.
- Empowers people to see beyond their current reality and pursue a shared goal that brings meaning and purpose.
- **Habakkuk 2:2** emphasizes the importance of writing down the vision clearly, so others can run with it.

Example:

Elon Musk, the CEO of Tesla and SpaceX, exemplifies visionary leadership. Musk's vision to transition the world to sustainable energy through electric vehicles and his dream to colonize Mars has inspired his teams to work tirelessly to make these seemingly impossible goals a reality. His vision is bigger than himself, aligning with global challenges like climate change and space exploration, motivating people worldwide.

2. Developing Potential

Leaders are responsible for unlocking the potential of others. This aligns with the biblical principle found in **Ephesians 4:11-12**, where leaders are called to "equip the saints for the work of ministry, for building up the body of Christ."

Transformational leaders develop potential by:

- Recognizing the unique gifts and talents of each individual and helping them grow. Munroe buttressed this by saying "The greatest tragedy in life is not death but a life without purpose." This echoes the biblical understanding that each person is created for a purpose (**Jeremiah 29:11**)
- Helping others realize and maximize their God-given potential.

Example:

Oprah Winfrey is a powerful example of someone who has helped unlock the potential in others. Throughout her career, she has mentored and uplifted many people, especially women and marginalized communities. Her leadership has encouraged others to pursue their dreams, start businesses, and lead more purposeful lives.

3. Servant Leadership

In **Mark 10:45**, Jesus said, "For even the Son of Man did not come to be served, but to serve, and to give His life as a ransom for many."

Great leaders lead by:

- Serving others and putting the needs of their team first
 - Showing humility, empathy, and a genuine desire to help others succeed.
- Philippians 2:3-4** teaches leaders to "do nothing out of selfish ambition," but to look out for the interests of others. By serving those they lead, transformational leaders create an environment of trust, loyalty, and collaboration.

Example:

Howard Schultz, former CEO of Starbucks, practiced servant leadership by focusing on the well-being of his employees. He introduced benefits like health insurance and college tuition assistance for part-time workers, which were uncommon in the industry. Schultz believed that by taking care of his employees, they would, in turn, take care of customers, fostering a positive and productive work environment.

4. Empowering Others

This aligns with the biblical command in **2 Timothy 2:2**, which encourages leaders to "entrust to faithful men who will be able to teach others also."

Transformational leaders empower their team members by:

- Giving them the tools, opportunities, and encouragement needed to take ownership and lead within their roles. This empowerment creates a culture of leadership and innovation, much like how Jesus empowered His disciples to spread the gospel and lead after His ascension (**Matthew 28:18-20**).

Example:

Bill Gates and Melinda French Gates, through the Bill & Melinda Gates Foundation, have focused on empowering others by providing resources, education, and tools to leaders in various fields like global health and education. Their foundation's work in combating disease and poverty globally demonstrates the Gates' commitment to empowering others to lead in their communities and create sustainable solutions to global problems.

5. Moral and Ethical Leadership

Proverbs 11:3 says, "The integrity of the upright guides them."

Transformational leaders must have a strong moral compass and lead by example, making decisions that align with higher values. Leaders are called to uphold righteousness and justice, as emphasized in **Micah 6:8**, "To act justly and to love mercy and to walk humbly with your God."

Example:

Paul Polman, former CEO of Unilever, demonstrated moral leadership by focusing on sustainability and ethical business practices. Under his leadership, Unilever became a global leader in corporate social responsibility by committing to reducing environmental impact, improving health and well-being for billions, and enhancing the livelihoods of millions through its supply chain.

6. Inspiring Through Faith

Hebrews 11:1 defines faith as "the substance of things hoped for, the evidence of things not seen." Faith allows leaders to stay resilient in the face of challenges, knowing that their strength comes from God (**Philippians 4:13**).

Example:

Mother Teresa is an iconic example of someone who led through faith. Her unwavering belief in the importance of serving the poor and marginalized gave her the strength to build the Missionaries of Charity. Her leadership inspired countless individuals and volunteers worldwide to serve others selflessly, demonstrating the power of faith to guide transformational leadership.

Leadership in Action

Transformational leaders must be agents of change within their organizations and society at large. We must think beyond immediate results and focus on long-term, sustainable impact. Living by the biblical exhortation to "store up treasures in heaven" (**Matthew 6:19-21**), Transformational leadership must:

• **Create a Legacy:**

True leaders do not merely seek success; they strive to leave a legacy. **Proverbs 13:22** says, "A good man leaves an inheritance to his children's children." Transformational leadership is about leaving something behind that benefits future generations.

Example: Nelson Mandela's leadership is a testament to legacy-building. His fight against apartheid and his subsequent leadership as South Africa's first black president left a legacy of reconciliation, justice, and peace that continues to inspire leaders worldwide.

• **Empower Others to Lead:**

Transformational leaders invest in people, much like how Jesus invested in His disciples (**Luke 10:1-2**). We need to mentor others to take on leadership roles, ensuring that leadership is sustainable.

Example: Sheryl Sandberg, COO of Meta (formerly Facebook), has made it her mission to empower women through her book "Lean In" and the Lean In movement, encouraging women to take on leadership roles and mentoring them to succeed.

• **Focus on Purpose Over Profit:**

Effective leaders prioritize purpose over profit, aligning with **Matthew 6:33**, "But seek first the kingdom of God and His righteousness, and all these things will be added to you."

Example: Yvon Chouinard, the founder of Patagonia, famously redirected his company's focus to environmental conservation. Patagonia's commitment to sustainable practices and environmental activism reflects how purpose-driven leadership can lead to success while also benefiting society.

Impact of Transformational Leadership on Teams and Organizations

There are several positive effects on teams and organizations. Some examples include:

- **Increased Motivation:** **Proverbs 16:3** encourages leaders to “commit your work to the Lord,” leading to increased motivation and purpose.

Example: Satya Nadella, CEO of Microsoft, transformed the company's culture by instilling a growth mindset in employees, which motivated them to embrace change and drive innovation.

- **Enhanced Creativity and Innovation:** Empowerment and intellectual stimulation align with **Colossians 3:23**, “Whatever you do, work at it with all your heart, as working for the Lord.”

Example: Jeff Bezos at Amazon encouraged a culture of innovation where employees are motivated to experiment and invent, leading to groundbreaking products like Amazon Web Services (AWS) and the Kindle.

- **Long-term Success:** Leaders who build up others and lead with integrity create sustainable success that lasts beyond their tenure (**Psalms 1:3**).

Example: Jack Welch, former CEO of General Electric (GE), focused on leadership development within the company, ensuring that his successors would continue to drive growth and innovation long after his departure.

- **Stronger Relationships:** The servant leadership approach fosters stronger relationships, promoting unity and collaboration as seen in **Acts 2:42-47**.

Example: Richard Branson, founder of Virgin Group, is known for valuing his employees and creating an atmosphere of trust and open communication, which has contributed to the company's long-standing success.

Conclusion

By inspiring others, leading with integrity, and empowering individuals to reach their potential, transformational leaders can create lasting change within their organizations and beyond.

How to Develop Transformational Leadership Qualities

Transformational leadership can be developed through self-reflection, mentorship, and personal growth. Here are a few ways to develop these qualities:

1. **Clarify Your Vision:** **Proverbs 3:5-6** teaches to trust in the Lord and allow Him to direct your path, ensuring your vision is aligned with God's purpose.

Example: Simon Sinek's “Start with Why” encourages leaders to inspire action by clarifying their purpose and vision.

2. **Invest in Personal Development:** Continuously seek ways to improve your leadership abilities.

(**2 Timothy 2:15**) encourages leaders to “study to show yourself approved,” emphasizing continuous learning and spiritual growth.

Example: Warren Buffet, known for his continuous learning, has credited reading and self-education as vital parts of his success as a leader.

3. **Mentor and Empower Others:** Help others discover their strengths and empower them to lead. As Jesus mentored His disciples, leaders should help others discover their strengths and lead within their spheres of influence (**Ephesians 4:11-12**).

Example: Eric Schmidt, former CEO of Google, mentored employees like Sundar Pichai, the current CEO, ensuring leadership continuity.

4. **Lead with Integrity:** Lead with integrity. Act with integrity and earn the trust of those you lead. **Proverbs 4:25-27** instruct leaders to stay focused on righteousness and integrity, traits essential for transformational leadership.

Example: Alan Mulally's leadership at Ford during the financial crisis emphasized integrity and transparency, earning him the trust of his team and steering the company through the storm.

5. **Stay Resilient in Faith:** Maintain resilience through difficult times by holding onto your core values and beliefs. **James 1:2-4** reminds us that perseverance through trials develops mature and complete faith, a key to resilient leadership.

Example: Martin Luther King Jr.'s faith and resilience were central to his leadership during the civil rights movement.





MENTAL AND PHYSICAL HEALTH

- **Social Anxiety Disorder – A Growing Concern**
- **Wholistic Body Care: Honoring the Temple of the Holy Spirit**

SOCIAL ANXIETY DISORDER:

A GROWING CONCERN



A very relevant topic! Social anxiety, also known as social phobia, is indeed a growing concern affecting millions of people worldwide. Social anxiety disorder (SAD) is a debilitating mental health condition that can significantly impact an individual's quality of life. It is characterized by excessive fear of social situations and is associated with various physical and psychological symptoms. As we navigate through life after Covid-19, social anxiety among people has increased. Despite the prevalence of SAD, there is still a lack of understanding of the disorder, and many individuals with SAD do not seek treatment due to stigma and lack of access to services. To decrease the stigma of mental illness and ensure proper mental health care, it is important to foster proper treatment of social anxiety across cultures.

What is social anxiety?

Social anxiety, or social anxiety disorder, is characterized by intense fear or discomfort in social situations. People with social anxiety worry about being judged, embarrassed, or scrutinized by others, even in everyday interactions. These fears can lead to avoidance of social situations, which, over time, can interfere with personal and professional life.

Symptoms of Social Anxiety

Social anxiety presents a range of emotional, physical, and behavioral symptoms. Common signs include:

1. Physical Symptoms
 - Rapid heartbeat
 - Sweating
 - Shaking or trembling
 - Blushing
 - Nausea or upset stomach
2. Emotional Symptoms
 - Intense fear of being judged or humiliated
 - Excessive self-consciousness in social settings
 - Worrying about social interactions far in advance
 - Fear that others will notice anxiety symptoms, like blushing or shaking
3. Behavioral Symptoms
 - Avoiding social situations or speaking up in groups
 - Difficulty making eye contact
 - Staying silent or hiding in the background
 - Avoiding activities that may draw attention

Causes of Social Anxiety:

1. **Genetics:** Family history and genetic predisposition.
2. **Brain Chemistry:** Imbalances in neurotransmitters like serotonin and dopamine.
3. **Environmental Factors:** Bullying or trauma, Social rejection or humiliation, Overly critical or perfectionistic parenting, Cultural or societal pressures
4. **Personality Traits:** Introversion, Sensitivity, Perfectionism
5. **Life Experiences:** Moving to a new environment, Changing schools or jobs, Relationship issues, Health problems.
6. **Social media:** Unrealistic expectations and comparisons.

Risk Factors:

1. Family history of anxiety or mental health conditions.
2. Temperament: Shyness or behavioral inhibition.
3. Social learning: Observing others' anxiety or avoidance behaviors.
4. Trauma: Past experiences of abuse, neglect, or loss.
5. Medical conditions: Chronic illness, pain, or disability.
6. Substance abuse: Alcohol or drug use.
7. Age: Social anxiety often begins in adolescence or early adulthood.

Biological Factors:

1. Neurobiology: Abnormalities in brain regions like the amygdala.
2. Hormonal imbalances: Thyroid or adrenal gland issues.
3. Nutrition and gut health: Serotonin regulation.

Coping Mechanisms for Social Anxiety

Managing social anxiety is possible with the right strategies. Here are some helpful techniques:

1. Deep Breathing and Relaxation Techniques
 - Practice deep breathing exercises to calm your nervous system.
 - Progressive muscle relaxation (PMR) can also help release physical tension, reducing overall anxiety.
2. Positive Self-Talk
 - Replace self-critical or fearful thoughts with supportive and positive ones. Remind yourself that perfection isn't required in social situations.
3. Gradual Exposure to Social Situations
 - Start by facing small social fears and gradually work up to more challenging situations. For instance, you might start by making small talk with a cashier before moving on to larger gatherings.
4. Journaling
 - Write down your thoughts and emotions related to social anxiety. Journaling can help identify recurring thoughts and patterns, making it easier to address and reframe them.
5. Focus on Others Instead of Yourself
 - Shift your attention outward by actively listening to others and showing interest in what they're saying. This can reduce self-consciousness and help you feel more engaged in conversations.
6. Lifestyle Changes
 - Regular exercise, a healthy diet, and consistent sleep can improve mental resilience and reduce anxiety. Mindfulness and meditation are also beneficial for managing stress and staying present in social situations.

Resources and References

- National Alliance on Mental Illness (NAMI) Hotline: 1-800-950-6264
- Anxiety and Depression Association of America (ADAA)
- Your healthcare provider or mental health professional
- Antai-Otong, D. (2008). The art of prescribing social anxiety disorder: Characteristics, course, and pharmacological management prevalence. *Perspectives in Psychiatric Care*, 44(1), 48–53. <https://doi-org.ezproxy.una.edu/10.1111/j.1744-6163.2008.00147.x>
- Javadian, S. R., & Sabet Eqlidi, S. (2021). The effectiveness of solution-focused group counseling on anxiety and social skills among female students. *Social Work in Mental Health*. <https://doi-org.ezproxy.una.edu/10.1080/15332985.2021.1995571>

WHOLISTIC BODY CARE

HONORING THE TEMPLE OF THE HOLY SPIRIT

"As the Spirit of God dwells within us, our bodies become sacred vessels, worthy of care and reverence. In **1 Corinthians 6:19-20**, Scripture reminds us, 'Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore, honor God with your bodies.'"

Taking care of our physical bodies is not just a personal responsibility, but a spiritual one. A holistic approach to body care encompasses physical, emotional, mental, and spiritual well-being. By nurturing our entire being, we honor God's sacred dwelling place within us.



Physical Well-being

- 1. Nutrition:** Fuel your body with wholesome foods, as Proverbs 23:3 advises, "Do not desire his delicacies, for they are deceptive."
- 2. Exercise:** Engage in regular physical activity, as 1 Timothy 4:8 states, "For physical training is of some value."
- 3. Rest:** Prioritize sleep and relaxation, as Psalm 127:2 says, "It is in vain that you rise up early and go late to rest."

Spiritual Well-being

- 1. Prayer:** Communicate with God regularly, as 1 Thessalonians 5:17 encourages, "Pray continually."
- 2. Scripture Study:** Nourish your spirit with God's Word, as Psalm 119:130 declares, "The unfolding of your words gives light."
- 3. Worship:** Cultivate a heart of gratitude and adoration.

Reflection Questions

1. How do you prioritize physical, emotional, mental, and spiritual well-being?
2. What Bible verses inspire you to care for your body?
3. How can you honor God with your body today?

Emotional Well-being

- 1. Stress Management:** Cast your cares upon God, as 1 Peter 5:7 encourages, "Cast all your anxiety on him because he cares for you."
- 2. Healthy Relationships:** Nurture positive connections, as Ephesians 4:32 advises, "Be kind and compassionate to one another."
- 3. Self-Care:** Prioritize activities that bring joy and peace.

Conclusion

By embracing holistic body care, we demonstrate our reverence for the Holy Spirit's dwelling place within us. As we honor God with our bodies, we experience abundant life and vitality.

"Whether you eat or drink or whatever you do, do it all for the glory of God" (1 Corinthians 10:31). May our bodies, as temples of the Holy Spirit, be living sacrifices, dedicated to God's glory.

Prayer

Dear Heavenly Father,

Thank you for dwelling within me. Help me to prioritize holistic body care, honoring your sacred temple. Grant me wisdom and self-discipline to nurture my entire being. May my body be a living sacrifice, dedicated to your glory. Amen.

Mental Well-being

- 1. Mind Renewal:** Transform your mind through Scripture and prayer, as Romans 12:2 instructs, "Do not conform to the pattern of this world."
- 2. Positive Thinking:** Focus on uplifting thoughts, as Philippians 4:8 encourages, "Whatever is true, whatever is noble, whatever is right, think about such things."
- 3. Mental Rest:** Practice mindfulness and meditation.

By Sis Chinenye Chidebelu



SPORTS AND DIGITAL SECURITY

- **The Importance of Kids Participating in Sports:** A Path to Development, Scholarships, and Future Success.
- **The Dangers of Public Wi-Fi and How to Stay Safe**



THE IMPORTANCE OF KIDS PARTICIPATING IN SPORTS: A PATH TO DEVELOPMENT, SCHOLARSHIPS, AND FUTURE SUCCESS

Sports play a vital role in society, especially in the development of children. From an early age, participating in sports shapes children's physical, emotional, and social well-being. In modern times, where outdoor activities have become limited due to various lifestyle factors—particularly in the United States—the importance of sports in a child's life is more essential than ever. Beyond promoting health and emotional stability, sports participation opens doors to academic scholarships and professional opportunities, creating a pathway to future success.

Physical Benefits of Sports

Engaging in sports provides children with an outlet for their energy while supporting their physical development. Daily physical exercise through sports strengthens muscles, enhances agility, and promotes overall fitness. Children who engage in sports have stronger bones and improved cardiovascular health, reducing their risk of obesity, diabetes, and other health issues. In addition, sports improve motor skills, coordination, and balance, giving children a greater awareness of their physical capabilities.

Today, with children relying on transportation to and from school, there are fewer opportunities for spontaneous physical activity. Unlike past generations, kids are less likely to play freely in the streets, especially in urbanized areas like Huntsville. Organized sports offer an essential alternative, ensuring that children remain active in a structured and supportive environment.

Emotional and Social Benefits

The emotional growth children experience through sports is equally important. Participation in sports helps children develop resilience and emotional stability. They learn valuable lessons in teamwork, cooperation, and discipline—skills that build their character and prepare them for life's challenges. Whether it's handling a loss or celebrating a victory, sports teach children how to manage their emotions in healthy and constructive ways.

Moreover, sports foster self-esteem and confidence. As children master new skills and receive positive reinforcement from coaches and peers, they gain a sense of accomplishment. The social aspect of sports also helps children form friendships, work within a team, and develop a sense of belonging, all of which contribute to their emotional well-being.

Preventing Risky Behaviors

In the United States, the hours between 3 p.m. and 8 p.m. are known to be some of the riskiest times for children, as many parents are still at work, leaving kids unsupervised. During these unsupervised hours, children may be vulnerable to negative influences or risky behaviors. Sports offer a positive alternative, keeping kids occupied in a safe and structured environment.

By enrolling children in sports programs, parents can ensure their children are engaged in beneficial activities that foster growth and learning. With the distraction of social media, video games, and other unproductive pastimes, sports serve as a meaningful way for children to spend their time under the guidance of responsible adults.

Scholarship Opportunities and Academic Success

Sports participation can also open doors to academic and financial opportunities. Many colleges and universities offer athletic scholarships to students who excel in sports. For talented athletes, these scholarships provide a pathway to higher education that might otherwise be financially inaccessible. Sports scholarships not only reduce the cost of education but can also lead to admission to prestigious institutions.

Beyond scholarships, student-athletes often perform better academically than their non-athlete peers. The discipline, time management, and perseverance learned in sports often translate to success in the classroom. Studies show that student-athletes tend to have higher GPAs and are more likely to graduate, proving that sports play a significant role in academic achievement.

Professional and Financial Benefits

While not every child will go on to become a professional athlete, sports can provide opportunities for those with exceptional talent. Professional athletes enjoy lucrative careers, with salaries, sponsorships, and endorsement deals that can lead to significant financial security. For some, a career in professional sports offers not only fame but also the means to support themselves and their families for life.

Even for those who don't pursue a professional sports career, participating in athletics can lead to other valuable career opportunities. Sports help develop essential life skills—such as leadership, teamwork, and discipline—that are highly regarded in many career fields, including coaching, sports management, and fitness industries. Whether or not a child becomes a professional athlete, the skills and experience gained through sports are invaluable for future success.

Conclusion

The importance of enrolling children in sports extends far beyond physical health. From emotional resilience and academic success to scholarship opportunities and potential professional careers, sports offer numerous benefits that help children unlock their full potential. For parents concerned about their children's development, well-being, and prospects, sports provide a proven path to a healthier, happier, and more successful life.

By investing in sports for our children, we are not just promoting active lifestyles—we are creating opportunities for their bright futures.



THE DANGERS OF PUBLIC WI-FI AND HOW TO STAY SAFE

BY ANDREW SUNDAY

Public Wi-Fi is super convenient—it lets you use the internet at coffee shops, airports, hotels, and other public places without using your data. But, did you know that public Wi-Fi can be risky? If you're not careful, using it could expose your private information to hackers. Let's break down what makes public Wi-Fi dangerous and how you can protect yourself.

Why Public Wi-Fi Can Be Dangerous

1. **Hackers Can Steal Your Data:** Many public Wi-Fi networks aren't secure, which means anyone with the right skills can intercept your information. If you're connected to public Wi-Fi, someone could potentially see what you're doing online and grab things like your passwords or credit card numbers.
2. **Fake Wi-Fi Networks:** Sometimes, hackers set up Wi-Fi networks that look like the real thing, with names like "Free Coffee Shop Wi-Fi." If you connect to one of these fake networks, the hacker can watch everything you do and steal your information.
3. **Malware Risks:** Hackers can also use public Wi-Fi to send malware (harmful software) to your device. This could lead to your device being controlled by someone else or important data being stolen.

How to Stay Safe on Public Wi-Fi

1. **Use a VPN (Virtual Private Network):** A VPN is a tool that makes your internet connection more secure. It hides what you're doing online by encrypting your data, which makes it unreadable to anyone trying to snoop. Think of it like a secret tunnel that keeps your information safe while you browse.
2. **Avoid Sensitive Activities:** Try not to do things like online banking or shopping when you're on public Wi-Fi. Save these activities for when you're at home or using a secure network.
3. **Check the Wi-Fi Name:** Before you connect to public Wi-Fi, make sure you're connecting to the official network. Ask an employee if you're not sure. This will help you avoid fake networks set up by hackers.
4. **Use Websites with "HTTPS":** When you visit a website, check that its address starts with "https" (with an "s" at the end). This means the site is secure, and your information is more protected. You can see a little padlock symbol in your browser next to the web address if the site is secure.
5. **Turn Off Sharing:** Your device might be set to share files or connect to other devices automatically. Turn off these settings when you're on public Wi-Fi so that no one can access your device without your permission.

6. **Keep Your Device Updated:** Updates for your phone, tablet, or computer often include security fixes. Make sure you install updates to keep your device protected against the latest threats.

7. **Disable Auto-Connect:** Change your device settings so that it doesn't automatically connect to Wi-Fi networks. This will help prevent you from connecting to unsafe networks without realizing it.

8. **Use Built-In Security Tools:** Make sure your device's built-in security tools, like a firewall, are turned on. A firewall helps block unauthorized access to your device.

9. **Be Careful with App Permissions:** Some apps ask for access to things they don't need, like your location or contacts. Review what your apps can access and limit permissions to only what's necessary.

10. **Use Multi-Factor Authentication (MFA):** MFA adds an extra layer of security by requiring more than just your password to log in. For example, it might send a code to your phone that you need to enter in addition to your password. Even if someone steals your password, they won't be able to get into your account without that second code.

What to Do If You Think Your Information Has Been Compromised

1. **Disconnect Right Away:** If you think something suspicious is happening while you're on public Wi-Fi, disconnect from the network as soon as possible.
2. **Change Your Passwords:** For any accounts used while on public Wi-Fi, change your passwords immediately. Use strong, unique passwords that are hard to guess.
3. **Scan Your Device:** Run a security scan on your device to check for malware or any suspicious files. Many antivirus programs can help you do this.
4. **Keep an Eye on Your Accounts:** Watch your bank accounts and email for any unusual activity. If you see anything that looks off, report it right away.

Final Thoughts

Public Wi-Fi is convenient, but it comes with risks. By taking a few simple precautions, like using a VPN and avoiding sensitive activities, you can enjoy the convenience of public Wi-Fi without putting your personal information at risk. Remember, staying safe online doesn't have to be complicated—just follow these tips and stay aware of your digital surroundings.

TESTIMONIES

OF GOD'S FAITHFULNESS

PROTECTION & DELIVERANCE



The Tettys were kept by the Lord during an incident through which the enemy wanted to claim their lives. They came out unscratched after a car accident that totaled their car.

.....
We recorded the miraculous and diverse healing of known and unknown diseases



ALL THINGS NEW



We had multiple people travel outside the country. The Lord brought them all back safely.

.....
We had immigration issues sorted and some members became bonafide citizens of the United States of America

Our Pastor had the joy of dedicating multiple new houses and brand-new cars to the Lord. God has been faithful in making many of our members home and car owners

TRAVEL & IMMIGRATION



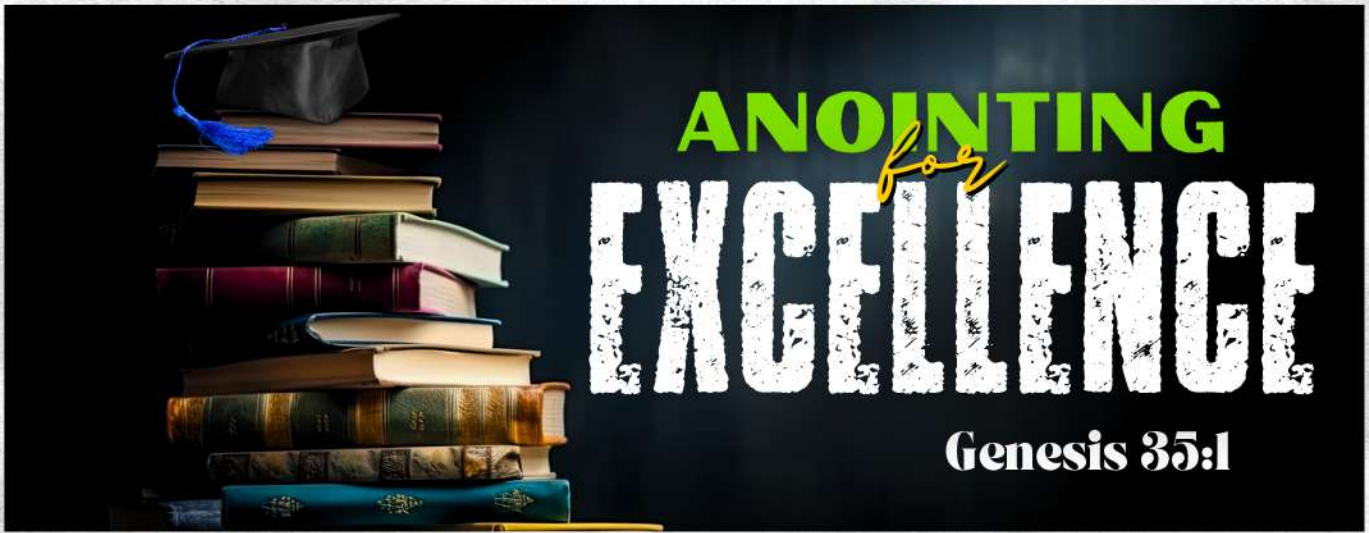
We recorded multiple promotions and new jobs, and our members won a couple of grants

.....
We had many baby dedications this year. God kept the mothers and babies through the pregnancy term

DOUBLE DOUBLE



SERMON EXCERPTS



Excellence is the quality of being outstanding. It is surpassing common and ordinary standards. Excellence is a characteristic of God and anyone who possesses His Spirit will succeed and excel. The spirit of God manifesting in the life of Daniel distinguished him from his peers. In this dispensation, the Holy Spirit has been poured on the saints. The anointing for excellence is generated from within.

John 7: 38, Acts 1:8.

However, it was not so in the days of Daniel. Daniel and his friends had to pay the price to enjoy the merit.

KEY VIRTUES TO POSSESS TO MANIFEST ANOINTING FOR EXCELLENCE

Knowledge

Daniel was distinguished in Babylon for his wisdom, Daniel 1:4: young men without any physical defect, handsome, showing aptitude for every kind of learning, well informed, quick to understand, and qualified to serve in the king's palace. He was to teach them the language and literature of the Babylonians

The fact that God gives spiritual gifts does not eliminate the need for rigorous human training.

Faith

We need to depend on God's faithfulness and ability.

Romans 1:17: For in the gospel the righteousness of God is revealed—a righteousness that is by faith from first to

last,[a] just as it is written: "The righteous will live by faith. This can also be achieved through prayers. Prayer is one of the secrets of Daniel's success in life and proof of his absolute dependence on God. This was reflected in Daniel 6:10

Discipline

Daniel 1:8: But Daniel resolved not to defile himself with the royal food and wine, and he asked the chief official for permission not to defile himself this way.

Through discipline, Daniel received the ability to experience visions and interpret dreams

Daniel 1:17-19: To these four young men God gave knowledge and understanding of all kinds of literature and learning. And Daniel could understand visions and dreams of all kinds. 18 At the end of the time set by the king to bring them into his service, the chief official presented them to Nebuchadnezzar. 19 The king talked with them, and he found none equal to Daniel, Hananiah, Mishael, and Azariah; so they entered the king's service.

Courage

Daniel in a foreign land amid persecution did not allow fear or opposition to make him compromise his faith. He was courageous.,

Daniel 6:4 Then the presidents and princes sought to find occasion against Daniel concerning the kingdom, but they could find none occasion nor fault; forasmuch as he was faithful, neither was there any error or fault found in him.

Integrity

Integrity is a product of personal discipline. Before the spirit of excellence can be found in someone, he must be tested and be found faithful and dependable before God. They changed Daniel's name, but he retained his identity with Israel and God. Proverbs 11:3 The integrity of the upright shall guide them: but the perverseness of transgressors shall destroy them.



**WATCH THE FULL
SERMON "ANOINTING
FOR EXCELLENCE" ON
OUR YOUTUBE CHANNEL**

MAINTAINING AND RETAINING THE MANTLE

Pastor Peter Oyediran

f i peter_oyediran

“

And Elisha died, and they buried him. And the bands of the Moabites invaded the land at the coming in of the year. And it came to pass, as they were burying a man, that, behold, they spied a band of men; and they cast the man into the sepulchre of Elisha: and when the man was let down, and touched the bones of Elisha, he revived, and stood up on his feet. Glory be to God for the success of the Fire conference. There is no doubt that you have received the impartation and Mantle of God. It is one thing to receive the Mantle, it is yet another thing to maintain and retain it. The plan of God for us is that the power of God in our lives should not only last for our lifetime but outlive us just like prophet Elisha.

2 Kings 13: 20-21

”

Glory be to God for the success of the Fire conference. There is no doubt that you have received the impartation and Mantle of God. It is one thing to receive the Mantle, it is yet another thing to maintain and retain it. The plan of God for us is that the power of God in our lives should not only last for our lifetime but outlive us just like the prophet Elisha.

CAUSES OF LOSING THE MANTLE OR THE ANOINTING

1. Overconfidence and Pride.

*Proverbs 16:18 "Pride goeth before destruction, and an haughty spirit before a fall."
Samson became overconfident in his own ability and took God out of the equation. Judges 16:20 "And she said, The Philistines be upon thee, Samson. And he awoke out of his sleep, and said, I will go out as at other times before, and shake myself. And he wist not that the Lord was departed from him."*

2. Losing your consideration.

As a Nazirite to God, Samson was instructed not to cut the hair on his head, but he allowed it to be cut. Judges 16:19-2 "And she made him sleep upon her knees; and she called for a man, and she caused him to shave off the seven locks of his head; and she began to afflict him, and his strength went from him."

3. Disobedience to God's commandments.

It was disobedience to God's instructions that caused King Saul to lose his mantle.

1 Samuel 15: 22-23 "And Samuel said, Hath the Lord as great delight in burnt offerings and sacrifices, as in obeying the voice of the Lord? Behold, to obey is better than sacrifice, and to hearken than the fat of rams. For rebellion is as the sin of witchcraft, and stubbornness is as iniquity and idolatry. Because thou hast rejected the word of the Lord, he hath also rejected thee from being king."

4. Sin.

Ecclesiastes 10:8 "He that diggeth a pit shall fall into it; and whoso breaketh an hedge, a serpent shall bite him."

HOW TO MAINTAIN AND RETAIN THE ANOINTING

• Learn to wait on God.

Isaiah 40:31 But they that wait upon the Lord shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.

• Total consecration to God

Romans 12: 1-2 "I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God."

• Learn to study the Word of God regularly.

Joshua 1:8 "This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night, that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success."

Psalms 119:105 "Thy word is a lamp unto my feet, and a light unto my path."

• Prayer and Fasting

*1 Thes 5: 17 "Pray without ceasing."
Matt. 4:2 "And when he had fasted forty days and forty nights, he was afterward an hungred."*

• Stay in fellowship with believers.

Prov. 27:17 "Iron sharpeneth iron; so a man sharpeneth the countenance of his friend."

• Learn to respect and honor God's ordained spiritual authority.

Heb. 13:17 "Obey them that have the rule over you, and submit yourselves: for they watch for your souls, as they that must give account, that they may do it with joy, and not with grief: for that is unprofitable for you."



WATCH THE FULL SERMON "MAINTAINING AND RETAINING THE MANTLE (THE ANOINTING)" ON OUR YOUTUBE CHANNEL

Praise & THANKSGIVING TO GOD

Psalm 67:5-7

“Let the peoples praise You, O God; Let all the peoples praise You. Then the earth shall yield her increase; God, our own God, shall bless us. God shall bless us, And all the ends of the earth shall fear Him.”

A time has come for us to gather together to praise and give thanks to God for His mercies and the unfailing love he has bestowed upon us.

WHY MUST WE GIVE THANKS TO GOD?

1. It is a divine command.

1 Thess 5:18 “In everything give thanks; for this is the will of God in Christ Jesus for you.” The Bible says for this is the will of God for us

2. We should give thanks to God for His mercy.

Lamentations 3:22-23 “Through the Lord’s mercies we are not consumed, Because His compassions fail not. They are new every morning; Great is Your faithfulness.”

Romans 9:15-16

3. We should praise Him and not be an ungrateful servant.

In 2 Chronicles 1:6-12, Solomon demonstrated his appreciation for the love of God by giving God a thousand burnt offerings and God visited him that same night. So, if we show gratitude for what God has done in the past, He will do more.

An ungrateful servant will lose what he already has. Judges 15:1-19 The bible tells us about the man called Samson. With all the victories God granted to Samson, he never thought it important to return glory back to God. In the end, he lost his life with the Philistines.



  peter_oyediran



WATCH THE FULL
SERMON “PRAISE &
THANKSGIVING TO
GOD” ON OUR
YOUTUBE CHANNEL

IN EVERYTHING, GIVE THANKS



Thanksgiving comes easily when everything is going our way. However, I have come to announce to us that the Word of God says, “**IN EVERYTHING GIVE THANKS**, for this is the will of God for us in Christ Jesus.”

There are times that instead of Rejoicing and Praising God for who He is and what He has done for us, we focus on our pain and confusion and begin to doubt the Lord and His Word.

WHY SHOULD WE BE GRATEFUL TO GOD IN EVERYTHING?

1. Thanksgiving motivates us to look for the Lord’s purpose in everything that happens. Romans 8:28 And we know that all things work together for good to them that love God, to them who are the called according to his purpose.
2. Thanksgiving reminds us of our continued dependence upon the Lord. Philippians 4:6-7 “Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.”
3. Thanksgiving helps us to trust the Lord when we don’t understand Why? Thanksgiving reminds us that we don’t have to understand the situation but we just have to be obedient in the process. 1 Corinthians 10:13 “There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.”
4. Thanksgiving to God in difficult times gives our witness a greater impact. Our painful experiences and grateful responses enable us to help those who are hurting in times like these by sharing our struggles with others who don’t understand what God is doing.



WATCH THE FULL SERMON “IN EVERYTHING, GIVE THANKS” ON OUR YOUTUBE CHANNEL

GOD'S HERITAGE

Section



EMMANUEL

GOD'S PERFECT LOVE & CARE



WEEK 1: GOD AS SHEPHERD (PSALM 23:1-4)

- **MEMORY VERSE:** "I AM THE GOOD SHEPHERD; I KNOW MY SHEEP AND MY SHEEP KNOW ME." (JOHN 10:14, NIV)
- **SUPPORTING STORY:** JESUS AS THE GOOD SHEPHERD (JOHN 10:1-18)
- **REFLECTION:** GOD GUIDES AND CARES FOR US LIKE A SHEPHERD TENDS HIS FLOCK.

WEEK 2: GOD AS PROVIDER (PSALM 23:1-3)

- **MEMORY VERSE:** "AND MY GOD WILL MEET ALL YOUR NEEDS ACCORDING TO THE RICHES OF HIS GLORY IN CHRIST JESUS." (PHILIPPIANS 4:19, NIV)
- **SUPPORTING STORY:** ELIJAH AND THE RAVENS (1 KINGS 17:1-6)
- **REFLECTION:** GOD SUPPLIES OUR NEEDS, JUST AS HE FED ELIJAH THROUGH RAVENS.

WEEK 3: GOD AS GUIDE (PSALM 23:3-4)

- **MEMORY VERSE:** "WHETHER YOU TURN TO THE RIGHT OR TO THE LEFT, YOUR EARS WILL HEAR A VOICE BEHIND YOU, SAYING, 'THIS IS THE WAY; WALK IN IT.'" (ISAIAH 30:21, NIV)
- **SUPPORTING STORY:** MOSES AND THE BURNING BUSH (EXODUS 3:1-14)
- **REFLECTION:** GOD DIRECTS OUR PATHS, JUST AS HE LED MOSES TO THE PROMISED LAND.

WEEK 4: GOD AS COMFORTER (PSALM 23:4)

- **MEMORY VERSE:** "THE LORD IS NEAR TO THE BROKENHEARTED AND SAVES THE CRUSHED IN SPIRIT." (PSALM 34:18, NIV)
- **SUPPORTING STORY:** JESUS AND THE WIDOW OF NAIN (LUKE 7:11-17)
- **REFLECTION:** GOD COMFORTS US IN TIMES OF SORROW AND GRIEF.

WEEK 5: GOD AS PROTECTOR (PSALM 23:4-5)

- **MEMORY VERSE:** "YOU ARE MY HIDING PLACE; YOU WILL PROTECT ME FROM TROUBLE AND SURROUND ME WITH SONGS OF DELIVERANCE." (PSALM 32:7, NIV)
- **SUPPORTING STORY:** THE THREE HEBREW CHILDREN (DANIEL 3: 1-30)
- **REFLECTION:** GOD SHIELDS US FROM HARM, JUST AS HE PROTECTED THE THREE HEBREW CHILDREN FROM FIRE.

WEEK 6: GOD AS ABIDING PRESENCE (PSALM 23:6)

- **MEMORY VERSE:** "AND SURELY I AM WITH YOU ALWAYS, TO THE VERY END OF THE AGE." (MATTHEW 28:20, NIV)
- **SUPPORTING STORY:** GOD'S PRESENCE IN THE WILDERNESS (EXODUS 13:21-22)
- **REFLECTION:** GOD'S PRESENCE REMAINS WITH US ALWAYS, GUIDING AND COMFORTING US.



The Woman with the issue of Blood

KEY TEXT: Mark 5:25 – 34

MEMORY VERSE

Hebrews 11:1 – "Now faith is confidence in what we hope for and assurance about what we do not see."

The story of the Woman with the Issue of Blood offers key lessons:

- **Faith's Power:** Her belief that touching Jesus' garment could heal her shows the transformative power of faith, which Jesus acknowledged as central to her recovery.
- **Perseverance:** After years of suffering and failed treatments, the woman's determination to seek healing demonstrates resilience, even when hope seems lost.
- **Breaking Stigmas:** Jesus' healing broke the societal stigma around her condition, restoring her dignity and place in society, and emphasizing compassion for those marginalized by illness.
- **Courage to Act:** By reaching out despite social restrictions, the woman displayed the courage needed to step forward for change.
- **Overcoming Shame and Fear:** Despite rejection, her faith helped her overcome fear and seek support confidently.
- **Individual Compassion:** Jesus responded personally, affirming her faith and showing God's caring nature toward each individual.
- **Humility and Boldness:** Her humble yet bold approach exemplifies how courage and humility together can lead to transformation.

Overall, the story emphasizes faith, resilience, and compassion, encouraging us to support and empathize with others in difficult circumstances.

PRAYER



Dear Father, we thank You for the example of the lady with the issue of the blood and how she was healed. We pray that as many who are sick in their mind, and/or body, receive healing and are free from their sickness in the name of Jesus.

TAGLINE: Because I have Faith, my life is pleasing to God.



The Centurion

TEXT: Matthew 8:5-13

MEMORY VERSE

Hebrews 11:6 "And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him."

KEY POINTS TO NOTE

The story of the Centurion teaches these key lessons:

- **Faith Without Proof:** The centurion believed Jesus could heal from a distance, showing true faith without needing physical presence.
- **Humility Despite Rank:** Despite his authority, the centurion approached Jesus with humility, showing respect and recognition of his limitations.
- **Compassion and Care:** His concern for his servant's well-being highlights genuine care for those under his authority.
- **Recognition of Authority:** The centurion understood Jesus' divine authority, likening it to his command over soldiers.
- **Commendation of Faith:** Jesus commended the centurion's faith as greater than any in Israel, showing that God values sincere belief over status.
- **Power of Intercession:** By seeking healing for his servant, the centurion demonstrated the importance of praying and advocating for others.
- **The Power of Faith:** Jesus tells the Centurion that his servant will be healed as he believed, and the servant is healed at that moment.
- **The Power of Words:** Because we are created in the image of God, we have to be mindful of the things we say (positively or negatively) because our words carry power.
- **Speak the Word of God over your situation:** When things are not going smoothly or well, we must learn to speak the right words to the situations around us.

In essence, the story emphasizes faith, humility, compassion, and respect for God's authority.

PRAYER



Father, we thank You for the example of the centurion whose servant was healed when Jesus spoke words, and thank you for we have authority when we speak. Therefore, we speak into every situation, and sickness and declare that they are gone right now. We declare that every situation turns out good and better in the name of Jesus.

TAGLINE: Because God is Almighty, whatever He says must come to pass.



Father Abraham

KEY TEXT: Genesis 21:1-7

MEMORY VERSE

Hebrews 11:6 “And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.”

KEY POINTS TO NOTE

The story of Abraham and the birth of Isaac teaches key lessons:

- **God’s Faithfulness:** Despite Abraham and Sarah’s old age, God fulfilled His promise, showing His reliability even if timing differs from expectations.
- **Patience in Waiting:** Their long wait teaches us the importance of trusting God’s timing.
- **Faith Against the Impossible:** Abraham’s belief in God’s promise shows faith’s power, even when circumstances seem hopeless.
- **Consequences of Impatience:** Trying to fulfill God’s plan through Hagar brought conflict, illustrating the pitfalls of taking matters into our own hands.
- **God’s Grace:** Despite their doubt, God was gracious and fulfilled His promise.
- **Joy and Renewal:** Isaac’s birth brought joy and renewal, showing God’s blessings transform barren situations.
- **God’s far-reaching Plans:** Isaac’s birth began a covenant line that blessed future generations, showing that God’s plans extend beyond our lifetimes.

In summary, Isaac’s birth teaches faith, patience, and trust in God’s faithful plans.



PRAYER

Dear lord, let Your Holy Spirit teach me how to pray and help me to endure in the place of prayer. Let me long to be in God’s presence every day of my life, and I pray without season. Let steadfast faith be a reward for my prayer life. In Jesus’ name. Amen! Holy Father, Your Word says it is impossible to please God without faith.

TAGLINE: Because I have faith in God, all things are possible



The Enemies of Faith

TEXT: Mark 6:5-6 – "And he could do no mighty work there, except that he laid his hands on a few sick people and healed them. And he marveled because of their unbelief. And he went about among the villages teaching."

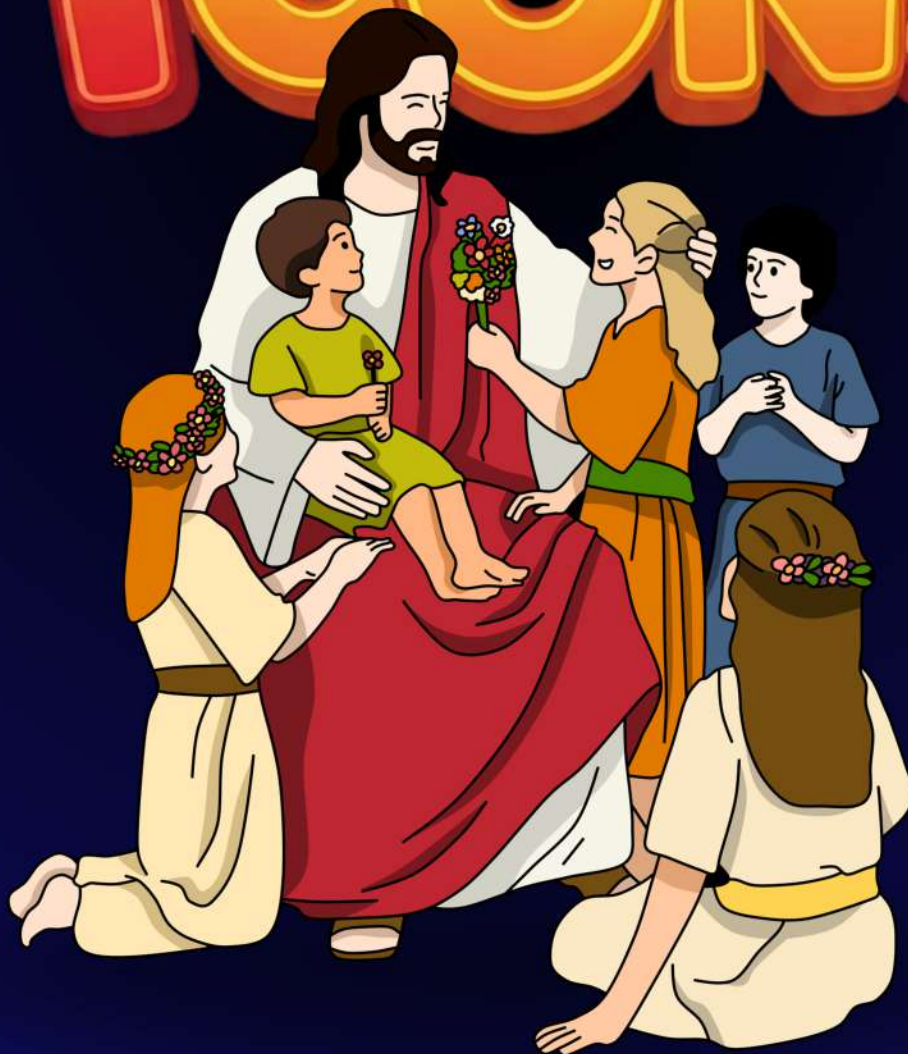
The enemies of faith are factors that weaken, challenge, or hinder our trust in God and His promises. Here are some key enemies of faith:

1. **Doubt:** Doubt is one of the greatest enemies of faith. When we doubt God's ability, promises, or plan for our lives, it undermines our trust in Him. Scripture encourages believers to ask without doubting (James 1:6).
2. **Fear:** Fear often contradicts faith, making us anxious and hesitant. Fear can lead to a lack of trust in God's protection and provision. 2 Timothy 1:7 reminds us that God has not given us a spirit of fear, but of power, love, and a sound mind.
3. **Unbelief:** Unbelief is a refusal to trust God, even in the face of evidence or promises. In the Bible, Jesus often rebuked unbelief, as it prevents God's works from being manifested in our lives (Mark 6:5-6).
4. **Worry:** Worry is a result of not trusting that God will provide and care for us. It creates a sense of control over outcomes that only God can manage. Matthew 6:25-34 advises us not to worry about our needs, for God will provide.
5. **Pride:** Pride can cause us to rely on ourselves instead of trusting in God's help. Proverbs 3:34 says, "He mocks proud mockers but shows favor to the humble and oppressed." Humility is key to exercising faith.
6. **Lack of Knowledge:** Faith grows by hearing and understanding God's Word (Romans 10:17). A lack of knowledge of God's promises and His nature can make it hard to develop faith.
7. **Sin:** Sin blocks our relationship with God and can cause spiritual blindness, making it difficult to trust Him. Isaiah 59:2 reminds us that our sins can separate us from God's grace and favor.
8. **Distractions:** The cares and pleasures of life can distract us from focusing on God and His promises. Jesus warned that the deceitfulness of wealth and the worries of this life choke the Word (Matthew 13:22).
9. **Impatience:** Impatience leads to taking matters into our own hands, rather than trusting God's timing. Abraham's impatience led to the birth of Ishmael, which created conflict (Genesis 16). Faith requires patience to wait for God's perfect timing.
10. **Negative Influences:** Negative words or people who mock or discourage our faith can erode confidence in God. Proverbs 13:20 highlights that walking with the wise leads to growth, while companionship with fools leads to destruction.

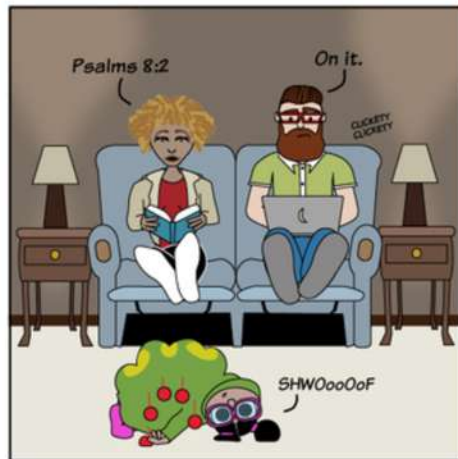


These enemies of faith can challenge our relationship with God and delay our growth, but through prayer, listening, meditation on Scripture, and reliance on God's strength, we can overcome them.

CHRISTIAN TOONS



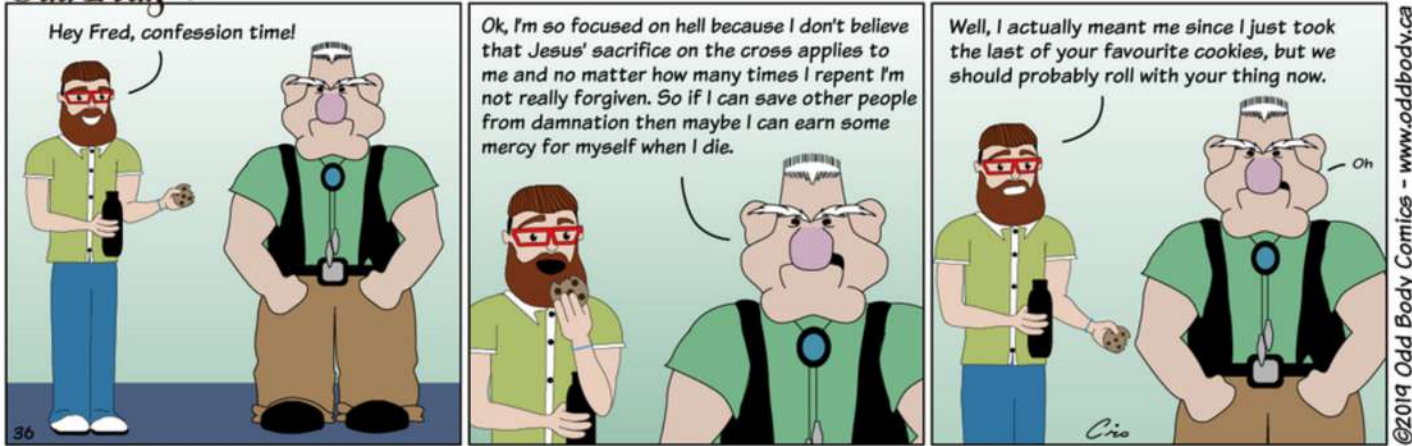
A new role as a Parish Pastor



Confession



Odd Body by Cris Vleck



©2019 Odd Body Comics - www.oddbody.ca

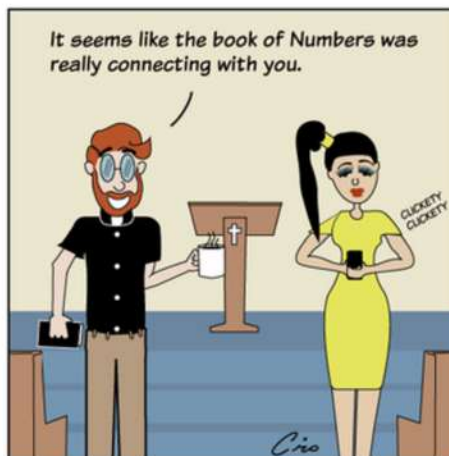
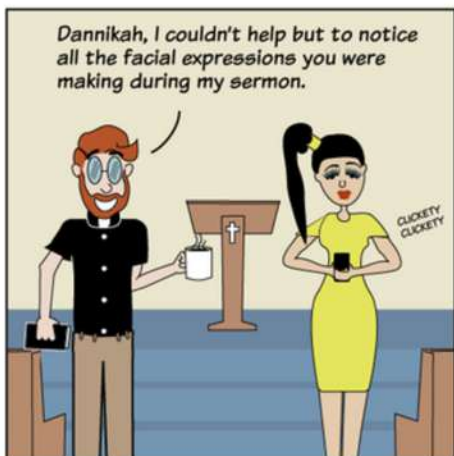
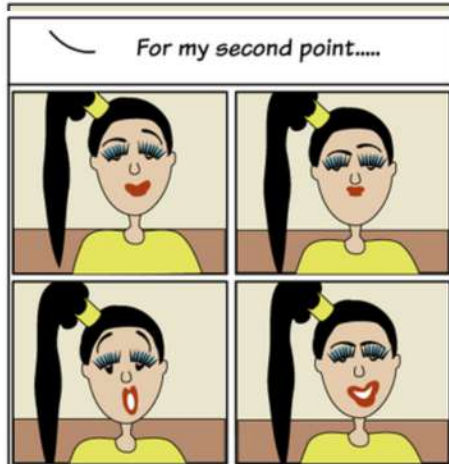
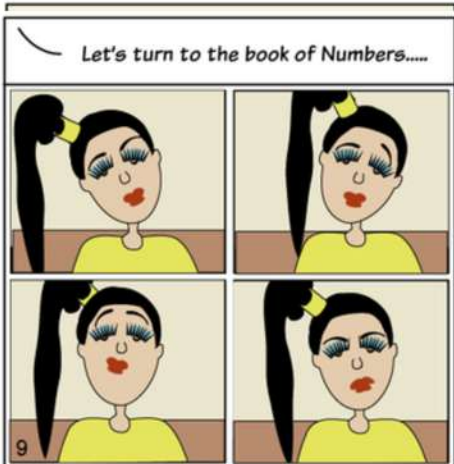


A good ol' day

Odd Body by Cris Vleck



©2020 Odd Body Comics - www.oddbody.ca

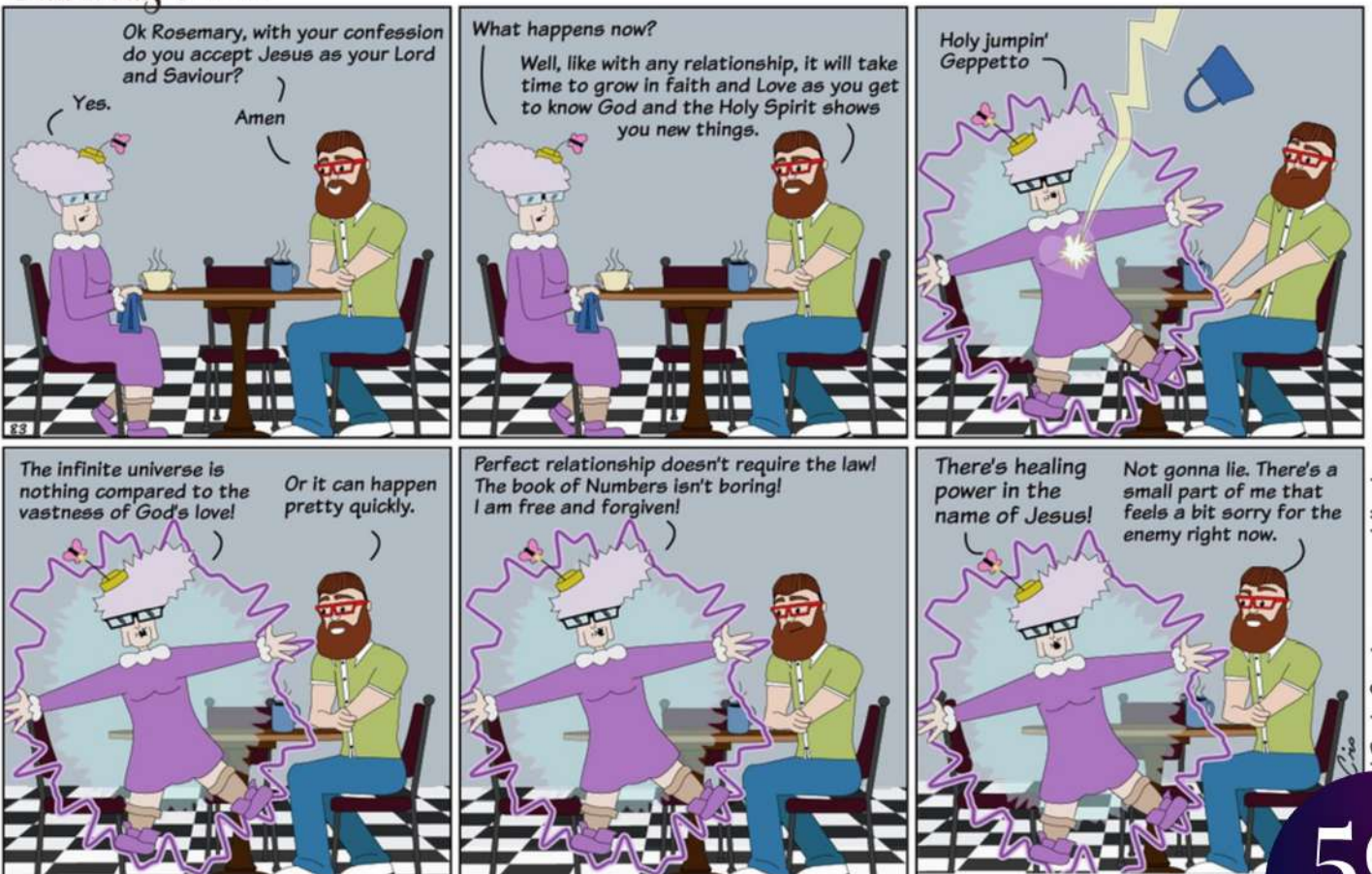


The Conversion Process

Odd Body by Cris Vleck



Odd Body by Cris Vleck

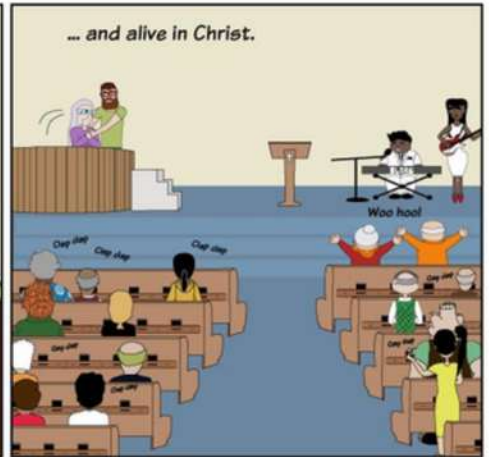
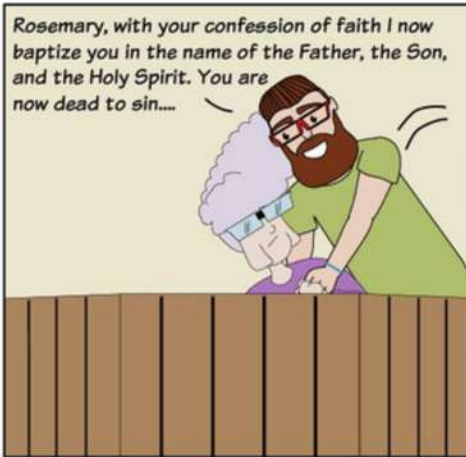


©2020 Odd Body Comics - www.oddbody.ca

©2020 Odd Body Comics - www.oddbody.ca

The new life

Odd Body by Cris Vleck



©2020 Odd Body Comics - www.oddbody.ca

Odd Body by Cris Vleck



Odd Body Comics - www.oddbody.ca



*Adverts
&
Felicitations*

The Nigerian Women's Association

Congratulates

Jesus House Hunsville on her

16TH ANNIVERSARY

*Taste Of Ghana's
Delicious Pepper Sauce*



Contact us at 336-450-9853 for bottles of Shito.

Produced under strict hygienic conditions.

Also preorder your balls of **BANKU** and **KENKEY** from us

62




WAWAHO GAS STATION & CONVENIENCE STORE



Fuel up and hit the road with us!

 **205 Andrew Jackson way,
Huntsville, ALABAMA 35801.**

CONTACT US

 **+122566581405 or
+12566581398**





BK AUTO TECNOLOGY

- Auto Maintenance
- Brake Repair
- Key Prog. & Replacement
- System Diagnosis & Repair
- Air Conditioning
- Chips Tuning
- Transmission Programming
- Jump Start
- Boat Electrical Services

LICENSED & INSURED

256 - 640 - 2107



130 Winchester Rd., Huntsville, AL 35810

www.bkautotechnology.com



IKE'S KITCHEN

A taste of home in your new home

AFRICAN CUISINE

3700 BLUE SPRING RD NW,
HUNTSVILLE, AL 35810



256-652-3157



**BUY A
CAR
TODAY!**

DEPENDABLE

USED AUTO SALES



CONTACT US :
256 551 0959
OLASML@KNOLOGY.NET



OUR ADDRESS :
408 JORDAN LN NW,
HUNTSVILLE AL, 35805

DEPENDABLE TAX SERVICE

TAX PREPARATION AND RAPID FILLING

Satisfactory taxes filled Rapidly

Congratulations

JESUS HOUSE
HUNTSVILLE

on

16th

ANNIVERSARY



OLA ALABI
TAX PREPARER

408 Jordan LN NW,
Huntsville AL, 35805

Call: 256-551-0959
olasml@knology.net



TAX

65

Onekelewa

AFRICANISM

Specialized in all kinds of:

- **African Attire**
- **Traditional Outfit**
- **Special Occasion**
for the entire family



+ (256) 337 1328



Congratulations to



**JESUS HOUSE
HUNTSVILLE**

Congratulates and joyfully rejoice with Pastor Peter and Pastor (Mrs) Oyediran and the entire RCCG; Jesus House; Huntsville on their 16th Church Anniversary. May God continue to bless you as you all as you go to higher grounds!

Dr. Jacob & Dr (Mrs) Ronke OLUWOYE *Dr. June*

66

16th
ANNIVERSARY
★★★★★



Congratulations to



**JESUS HOUSE
HUNTSVILLE**

The family of Drs. Emeka & Peace Dunu congratulates the Redeemed Christian Church of God aka Jesus House on their 16th Church Anniversary. The Church of God is moving forward and the gate of hell shall not prevail against it. ...Matthew 16: 18.

Drs. Emeka & Peace Dunu

16th
ANNIVERSARY
★★★★★



**CONGRATS TO
JESUS HOUSE HUNTSVILLE
ON YOUR ANNIVERSARY**

Mrs. Beatrice Tennyson

JOE MO'S BA-BA QUE

Ribs, boston
butt, wings,
smoked
sausage

GET THEM
HERE!!



 9076 MADISON BLVD SUITE A, MADISON, AL 35758

 256-325-1211


Congratulations

JESUS HOUSE
HUNTSVILLE

on

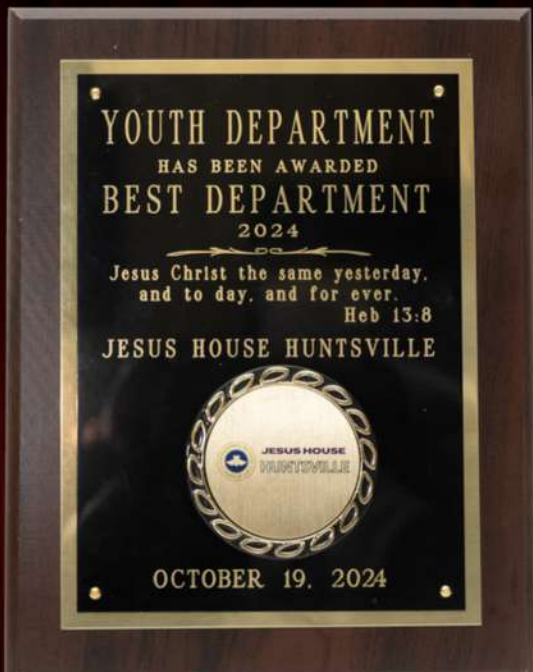
16th
ANNIVERSARY
★ ★ ★ ★ ★

68



Picture Gallery

Awards





Pastors APPRECIATION



Baptisms

Certification





FAMILY PICNIC



CLASS OF 2024 CONGRATULATIONS



Chigozie Chidebelu
MSc. Nursing



Andrew Sunday
MSc. Cybersecurity &
Information Assurance



Josephine Ekpenkhio
MSc. Industrial and
Systems Engineering



Gloria Alabi
BSc. Psychology



Dotun Obabire
BSc. Biology



**Timilehin Oyediran,
Subomi Olawepo,
Kamsi Arinze**
BSc. Computer Science



Emmanuel Ezekiel
BSc. Computer Science



**Cybil Eko, Tokunbo Kudaisi,
Kehinde Oyediran and Iyin Fagbemi**
BSc. in Nursing



**Monique Mojoko
Lifambe**
Highschool Graduate



Temitoro Bailey
Highschool Graduate



Okiki Osinboyejo
Highschool Graduate

Rooted Teens Present

UNDIGNIFIED



“

- *Be undignified in the presence of your Father, appear silly before men and humble before God.*
- *God has done so much for us, we can't even afford a payment plan with him.*
- *The response to God's blessings should be your undignified praise*

”



MILESTONE *Birthday*

AST. PASTOR. ALABI 60TH BIRTHDAY



TOLU OLADELE'S 40TH BIRTHDAY



MILESTONE *Birthday*

PASTOR MRS. KEHINDE 50TH BIRTHDAY



DADDY AJ BARRY 70TH BIRTHDAY



MILESTONE *Birthday*

MUMMY AKINYEMI'S 60TH BIRTHDAY



AFUA MENSAH'S 50TH BIRTHDAY



LOVE

Banquet





FIRE CONFERENCE 2024



THEME

SETTING THE CAPTIVES FREE

JULY 12 - 14, 2024

PST. PETER OYEDIRAN
HOST

PST. OJERINDE TUNDE
GUEST MINISTER

“

- Captivity is a condition contrary to your God-given potential.
- You need a rugged determination for the Faith to break out of captivity.
- Be conscious that we are in warfare, not fun fare.

”





**FIRE
CONFERENCE
2024**

2024 PRAYER CONFERENCE
MERCY SEAT



“

- They had the lamb then but now we have the blood of Jesus speaking for us.
- The Mercy Seat is the place where the atoning sacrifice is made. We have the cross today where even the lawful captives are free.
- It is enough that Jesus died and he died for you.

”

ESTHER'S *Banquet*

Virtuous Women's Conference '24

FEB 23TH - 25TH 2024



- *You have not been positioned wherever you are for the fun of it.*
- *You are positioned for a purpose.*
- *You will be replaced if you do not complete the assignment.*





BABY

DEDICATION



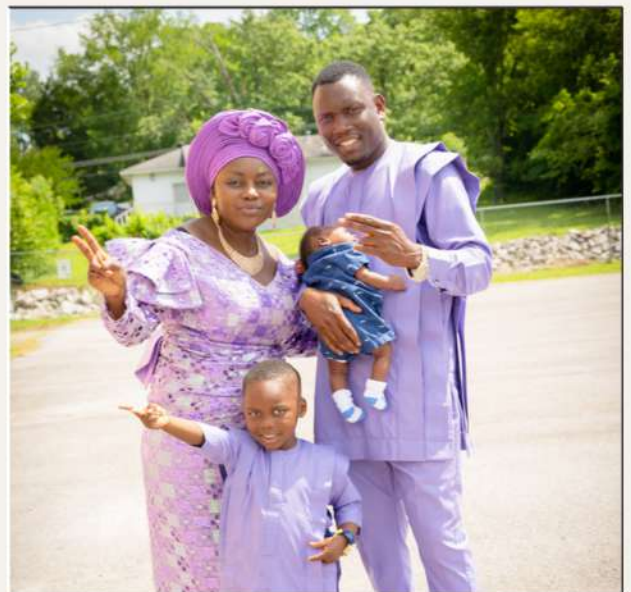
**Chiamaka Abigail
Sunday**



**Jason Ogheneyoma
Ekutu**



**Skyler Oluwadarasimi
Ojueromi**



**Zion Timilehin
Adedokun**



VBS 2024

VBS 2024



VBS 2024

VBS 2024



RADIANT

JHH YAYA CONFERENCE 2024





“

- You are anointed to reign as a king wherever you find yourself.
- You have been anointed to bring healing and hope into people's broken lives.
- We can not overcome by our strength alone.

”



RADIANT

JHH YAYA CONFERENCE 2024



Mother's Day



“

- The Lord has given you victory before you even had to fight.
- We can not raise our children with money only.
- Mothers & Wives, the men in your life need your support to conquer the land.

”

FATHER'S DAY



“

- Godly Fathers love God. Only then can they love their families.
- Godly Fathers love their wives as Christ loved the church; when it is easy and when it isn't.
- As a man who has been joined unto a woman, your issues are between you and your spouse.

”



HOSANNA

PRAISE WEEKEND

AUGUST 2-4, 2024





“

- Thanksgiving brings the blessings of the King.
- Complaints are a sign of ingratitude.
- When you need Heaven to come to Earth, you must call on the one who controls the Heavens and the Earth.

”



HOSANNA
PRAISE WEEKEND

Christmas



Christmas



CROSSOVER *Service*



★ ★ ★ ★ ★
15th
 ANNIVERSARY

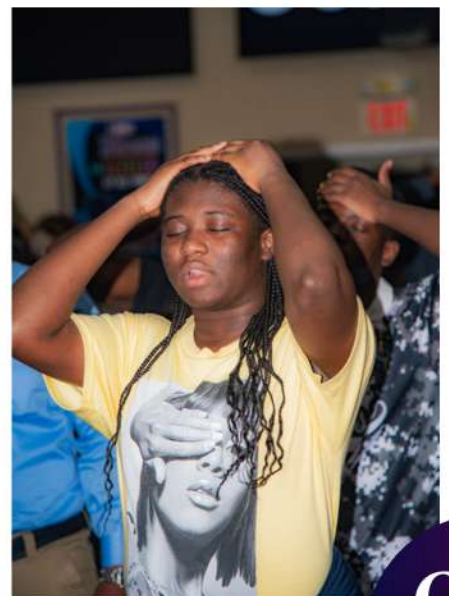
HIGHER GROUND



“ *The walk of higher ground is the walk of Faith.*

- *God hates stagnancy. It has been written of you that you will wax great.*
- *Staying stagnant is the call of Satan upon your life.*

”





15th ANNIVERSARY

HIGHER GROUND

PASTOR ENEFAA PENNY
Pastor
RCCG, Abokobo

PASTOR PETER & KEHINDE OYEDIRAN
HOST

PASTOR DR. JAMES FADEL
Assistant General Overseer, The Anglican & Continental Overseer, ACCA

MIN. FUNMI SAX
Music Minister

SERVICE OF SONGS FOR PA FELIX YAO ATSU TETTEY



EQUIPPING SAINTS FOR HEAVEN - GIVING HOPE TO THE HOPE

AS COM
HERE





EQUIPPING SAINTS FOR HEAVEN - GIVING HOPE TO THE HOPE

AS COM
HERE



EQUIPPING SAINTS FOR HEAVEN - GIVING HOPE TO THE HOPE

AS COM
HERE

ING SAIN







EQUIPPING SAINTS FOR HEAVEN - GIVING HOPE TO THE HOPE

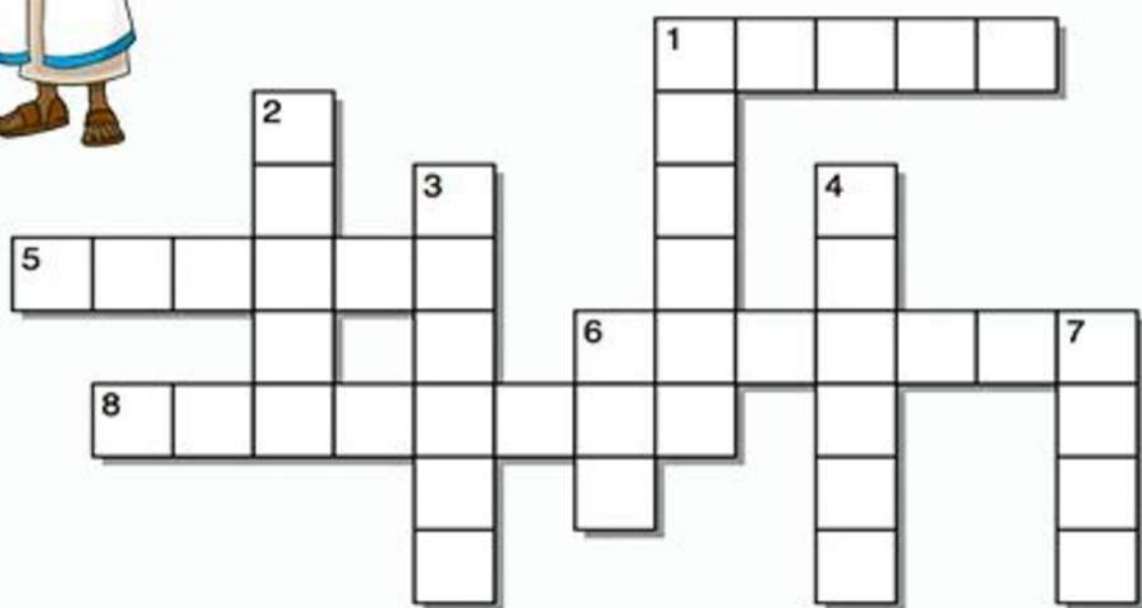
REAMS THROUGH

Bible Pathway Adventures



CROSSWORD

JOSEPH



ACROSS

- 1) "You are ____; you have come to see the nakedness of the land."
(Genesis 42:9 ESV)
- 5) Joseph's brothers sold him for twenty pieces of _____. (Genesis 37:28 ESV)
- 6) Who bought Joseph from the Ishmaelites? (Genesis 39:1 ESV)
- 8) To which brother did Joseph serve more food? (Genesis 43:34 ESV)

DOWN

- 1) Which brother did Joseph keep as his prisoner in Egypt? (Genesis 42:24 ESV)
- 2) The famine lasted for _____ years. (Genesis 41:54 ESV)
- 3) Joseph helped Pharaoh understand his strange _____. (Genesis 41:25 ESV)
- 4) Joseph was _____ years old when he began working for Pharaoh.
(Genesis 41:46 ESV)
- 6) Joseph's brothers threw him into a _____. (Genesis 37:24 ESV)
- 7) Israel gave Joseph a special _____. (Genesis 37:3 ESV)

Follow Us ONLINE



 **@RCCGHUNTSVILLE**

 **@RCCGJHH**

 **JESUS HOUSE HUNTSVILLE**

